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# VIRGINIA BANKERS ASSOCIATION

Benefits Corporation

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## PCP Form Campaign Overview

Promoted as VBA Benefit Corp's  
Q3 Well-being Campaign

Wellworks<sup>For You</sup>

# Employee Experience: Biometric Screening

DEADLINE: August 29, 2025 or No Deadline if Open Enrollment Reporting is Not Needed

## Physician Results Form

- Visit your Primary Care Physician (PCP) for an annual physical with lab work and have them complete the Physician Results Form.
- Metrics with an \* are required for form completion.
- All metrics must be collected between 9/1/2024 and 8/29/2025.

The Physician Results Form is located in the Wellness Locker.




Wellness Locker

The original Benefits Corp campaign timeline was designed to end 8/29/2025 so an employer could receive reporting to be included in bswift for 2026 OE. Customized campaigns without reporting for OE are available.

# Employee Experience: Know Your Number Assessment

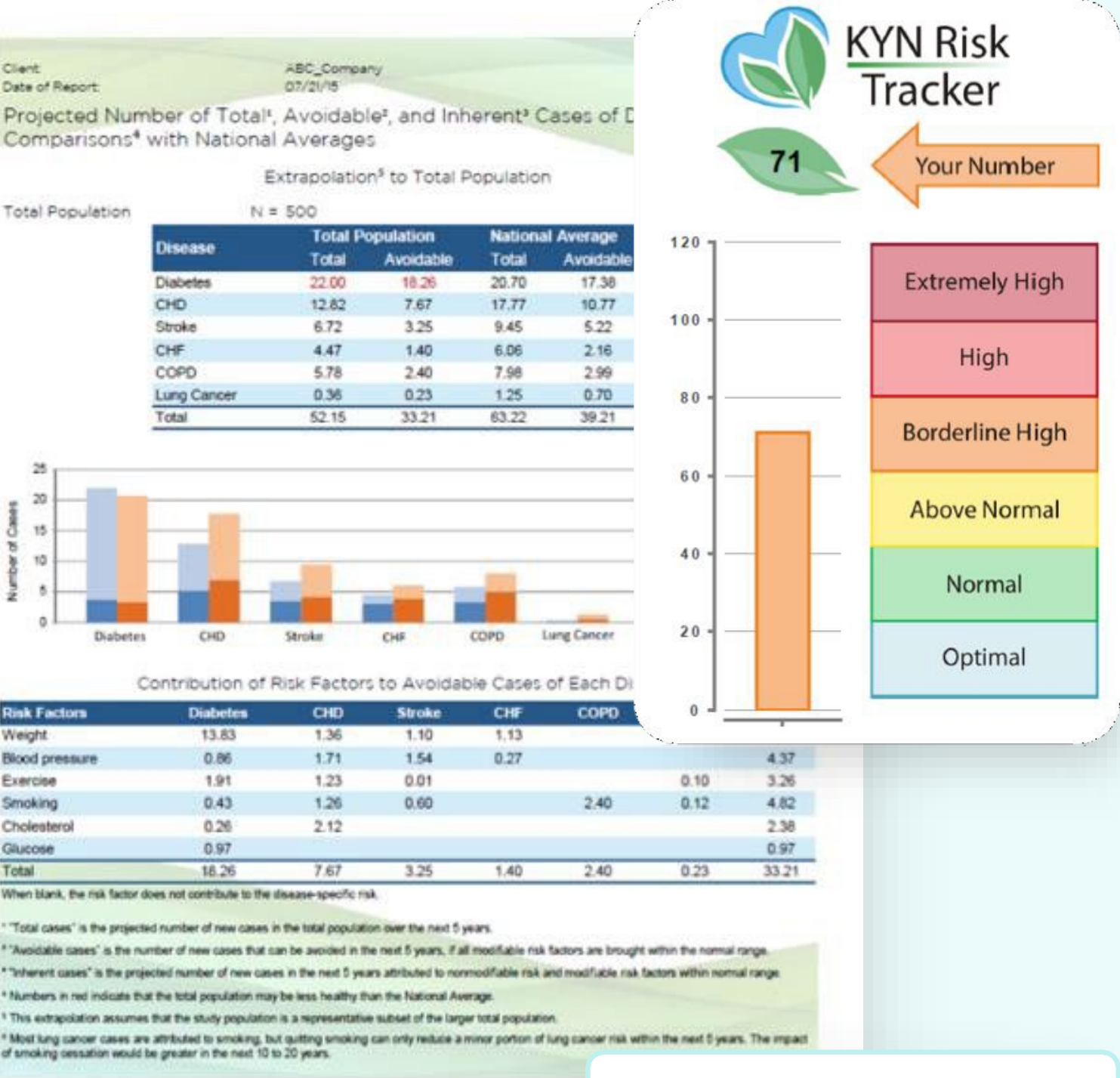
DEADLINE: AUGUST 29, 2025 or No Deadline if Open Enrollment Reporting is Not Needed

Complete the Know Your Number Assessment (KYN) on the Know Your Number Assessment page of the Wellness Portal. Complete all questions, except for the Health Metrics section. Wellworks will upload your screening results once you complete the Physician Results Form. Once your assessment is completed in its entirety (questionnaire and health metrics), your results report will be generated and available on the Know Your Number Assessment page, as well as uploaded to the Wellness Locker under the Health Records section. Your participation in the assessment will also be updated at this time.

 Know Your Number  
Assessment

## Complete The KYN Assessment On The App!

To complete the Know Your Number Assessment simply log into the app and navigate to MENU>Know Your Number Assessment. Select each section in the assessment and complete the required questions. Make sure to click Save Responses before leaving each section.



**KNOW YOUR  
NUMBER**


# Reporting & Tracking

Some of the reports HR administrators will have access to include:

- Program Participation Reports
- Aggregate Biometric Screening Baseline and Cohort Reports



# Preventive Care Promotional Flyer




HEALTH EDUCATION

## The Importance of Preventive Care

### Why it Matters

Preventive care plays a crucial role in maintaining overall health and catching potential issues early before they become serious. Regular check-ups, screenings, and vaccinations help detect conditions like heart disease, diabetes, and cancer at an early stage when they're most treatable. By taking proactive steps, you not only improve your long-term health but also reduce healthcare costs and avoid unnecessary medical complications. Preventive care supports a healthier, longer life and promotes overall wellbeing.



**DID YOU KNOW?** Studies show that individuals who get regular check-ups are more likely to detect and treat conditions early, improving long-term health outcomes.

Click [here](#) for the pdf version of this employee facing flyer.



## Questions? Contact Your Wellness Team

For any questions about your Wellness Program reach out to your Wellworks Customer Support Team via Contact Us on the Wellness Portal or call 800.425.4657.

If you have questions about establishing a well-being campaign or exploring incentives contact Pam Connelly at [pconnelly@vabankers.org](mailto:pconnelly@vabankers.org).