

# Virginia Bankers Association

Healthcare Landscape Update

**VBA Peer Group Meeting** 

#### **Agenda**

- Healthcare Landscape
  - High Cost Claimants Risk
  - Gene Therapy/High Cost Drug Discussion
  - VBA Clinical Data Review
- 2024 RFP Update
  - Pharmacy
  - Voluntary Benefits
  - Dental

2023 Healthcare Trends

Your future is limitless."



#### The employee health & benefits trends of 2023

Shifting workforce expectations

- Employees are placing a higher premium on finding meaning and purpose at work.
- Organizations struggle with moving their diversity, equity, and inclusion (DEI) programs beyond building awareness to creating real action.
- Empathy is key to solving the challenges employers face with apathy and attrition among their employees.

2 Mental and behavioral health needs

- The workforce continues to expect more from their employee experience, as it relates to well-being benefits.
- Building flexibility into the workplace creates new opportunities for employers and employees.
- Mental and behavioral health support will dominate in employers' offerings in the coming years.

3 Changes in health care economics

- U.S. employers can expect health benefit costs to increase between 5.6% - 7% based on plan design.
- High-cost prescription drugs are a source of frustration, especially with cell and gene therapies that cost millions.
- High-cost claimants, utilization increases, and employment trends will keep health care costs higher overall.

Tomorrow's workforce is looking for more than a benefits plan.

Marsh McLennan Agency (MMA) offers a variety of solutions to support the needs of your people, your team, and your business. We specialize in helping middle-market organizations — whether self-funded or fully insured — find ways to provide their employees with benefits they can take advantage of.

While predicting and responding to employee benefit trends and employee expectations can be difficult, MMA is here to help make it easier. We offer a number of solutions that help you stay in touch with your employees and streamline how you offer the benefits they need.

#### **Healthcare Landscape**

High Cost claimants impacting medical trend

#### The Million Dollar Claim

Why are they more common now?

#### paid claims for million dollar+ claimants

Under 2 27%

18%

Hemophilia Bleeding

Malignant Neoplasm

Malignant Neoplasm

11%

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of million dollar claims are for claimants under 20 years old

22% of Employers had at least one member with claims over

\$1M

**Highest Cost Individual** Million Dollar Claimant Conditions 2020

- Malignant neoplasms (cancer)
- Leukemia/Lymphoma/ Multiple Myeloma (cancers)
- Septicemia (infection)



In 2020. \$368.3 million spent on injectable medications

Since 2017, number of members with claims \$1M+ rose 31%

Claimants With Million Dollar Claims							
\$1-\$1.6M	174						
\$1.5-\$2M	40						
\$2-\$3M	27						
\$3M+	14						
Total	255						

2020's highest cost claim was for Leukemia, lymphoma and/or multiple myeloma at \$6.3M

Source: 2021 Sun Life Stop-loss Research Report: High-oost Claims And Injectable Drug Trends Analysis

#### **2023 Pharmacy Trends**

Biosimilars	GLP-1 Drugs	Cell & Gene Therapy
<ul> <li>Biosimilars in the market drive competition and present potential savings for employers.</li> <li>The biosimilar for Humira, the #1 drug in the world, hit the market on February 1, 2023         <ul> <li>Amjevita is currently included on formulary for many prominent PBMs and at least 7 more products are expected to follow.</li> </ul> </li> <li>The Stelara patent expires in 2023 with biosimilar target launch in 2H 2023, pending lawsuits</li> <li>Plan sponsors should monitor utilization of anti-inflammatory biologics and explore strategies to maximize the benefits that biosimilars present while ensuring rebates are protected.</li> </ul>	<ul> <li>GLP-1 drugs are popular medications approved for the treatment of Type 2 diabetes and/or weight loss that have a monthly cost of approximately \$1,000.</li> <li>Mounjaro, the most recent GLP-1 drug approved for Type 2 diabetes, is expected to generate \$4.9 billion of yearly revenue by 2026.</li> <li>Off-label use of GLP-1 diabetes drugs for weight loss purposes is increasing as they are not subject to the weight loss prior authorization process under the assumption the drug is being used to treat diabetes.</li> <li>Implementing tight utilization management to ensure the right patient is taking the right GLP-1 drug at the right time will help employers avoid overspend as more products hit the market.</li> </ul>	<ul> <li>There are more than 20 cell &amp; gene therapy drugs approved by the FDA today, with as many as 50 - 100 anticipated by 2025.</li> <li>In January 2023, Hemgenix, a treatment for hemophilia B, was approved with a price tag of \$3.5 million, making it the most expensive drug on the market.</li> <li>Today, most self-insured employers are protected from this risk through their stop-loss plan language</li> <li>Due to large cost and unpredictability, stop loss-market is starting to eliminate coverage for these drugs</li> <li>It may be prudent for employers to explore alternative coverage strategies and adjustments in plan coverage to protect against future claims.</li> </ul>

#### **Rx: GLP-1 Agonists**

#### **GLP-1 Agonists**

- Trulicity, Ozempic, etc., treats Type 2 Diabetes.
- Lowers blood sugar levels over period of time.
- Found to have side effect of weight-loss.
- Only Wegovy and Saxsenda approved for weight loss.

Mounjaro recently passed through Phase II out of III for FDA approval.

#### **VBA Population Utilization**

- Members with Rx claims: 47% increase per 1k.
- 223/339 members on GLP-1's were coded as having Diabetes during the reporting periods.
- Total Employer Paid \$2.14M (59% increase).

MMA BoB for Employer Spend increased 54% between 2021-2022.

#### **CONSIDERATIONS\***

- Less than 22% of employers are covering prescription drugs specifically designed for weight-loss for smaller employers (<5,000 EE's) and more frequently for employers larger than 5,000 EE's.
- Average cost of drug ~\$1,000/mo. per employee; studies support drugs are designed for long-term use → higher costs.

#### **Best Practice**

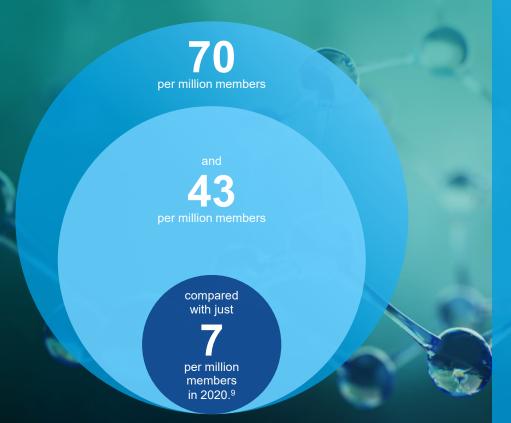
- · MMA does not recommend off-label use of medications outside of FDA approved labeling language.
- Examine Carrier and PBM guidelines for utilization and Prior Authorization requirements and quantity limits.
- Ensure consistency in policy documents depending on client decisions to cover or exclude weight-loss medications.

#### **Approved Therapies**

Current approved therapies include

Drug	Disease Indication	Cost
Luxturna	Inherited retinal dystrophy	\$850,000
Zolgensma	Spinal muscular atrophy (SAM)	\$2,125,000
Zynteglo	Transfusion dependent β-thalassemia	\$2,800,000
Skysona	Cerebral adrenoleukodystrophy (CALD)	\$3,000,000
Hemgenix	Hemophilia B	\$3,500,000
Roctavian (recently approved)	Hemophilia A	\$2,900,000
Elevidys (recently approved)	Duchenne muscular dystrophy (DMD)	\$3,200,000

### It is estimated that in 2023, cellular and gene therapies will total between



50-100 gene and cell therapies

are anticipated to receive FDA approval by 2025.1

87%

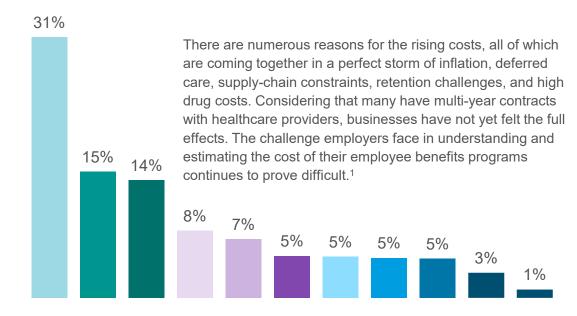
of employers are concerned about the new million-dollar treatments getting approved by the FDA.9

44

Typically, medical inflation outpaces inflation in the rest of the economy. But in 2022, medical prices are growing at a similar rate as in past years, while prices in some other parts of the economy are growing much more rapidly than in the past.

–Peterson-KFF, Health Systems Tracker<sup>5</sup>





- Hospital care
- Physician services
- Net cost of health insurance
- Clinical services
- Investment

- Other personal health care
- Prescription drugs
- Government public health activities
- Nursing care facilities
- Home health care

# We anticipate frequency and severity of medical stop-loss claims to tick up as the 2022 year progresses and extends into 2023.<sup>1</sup>

This is an outcome of deferral challenges and a direct result of macroeconomic factors. One of the top influences contributing to the rise in costs are worsening availability of clinical labor staff.<sup>6</sup>

Employers are refocusing on cost management strategies to slow increases over the long term, while minimizing cost shifting to employees. The use of targeted programs aimed at specific health conditions (e.g., diabetes, musculoskeletal, COPD) has gained traction in recent years as a way to achieve better outcomes and lower costs.<sup>4,7</sup>

49%

of all large employers and 58% of those with 20,000 or more employees offer these types of programs or are seriously considering it.

12%

of all employers have adopted enhanced clinical management models beyond the standard health plan model.<sup>7</sup>



# PATH – Planning & Analytics for Total Health

#### Your Virginia PATH Team



Dr. Monte Masten, MD, MBA, MPH, FACOG Chief Medical Officer

Over 25 years of leadership experience in patient care, consulting, managed care, population health management, and pharmacy management with diverse teams at national health plans, large employers, and health systems.

Serves as the Chief Medical Officer and provides oversight of clinical & data analysis teams.



Kate Valette, RN, BSN

#### Clinical Consultant

Over 30 years of experience in various healthcare settings including patient care, case management, corporate Total Rewards, and consulting. Corporate program leadership included in-house disability management, leave administration, workers compensation, and wellness platform development. Supports clients' strategic initiatives with data-driven clinical recommendations that lead to healthier outcomes and reduced costs



Laura M. Moore, CWPC

#### Health Management Consultant

Over 15 years of experience in the employee health and benefits industry. Evaluates available data to identify behaviors that influence or compromise employee's health; pinpoints factors that inspire learning or those that hinder or foster the client's total member population through the process of health education. Creates comprehensive well-being program strategies as well as evaluation of third party vendor solutions for middle market clients



Jenna Austin, MPH

#### Sr. Data Analyst

Healthcare analytics reporting, analytics consulting, and development of cohort analysis.

Graduate of the University of Massachusetts with a (MPH) Masters of Public Health Epidemiology and (BS) Bachelors of Science in Biology

#### Reporting parameters





Paid during the following periods:

Previous: May 2021 – April 2022

Current:

May 2022 - April 2023



#### **Settings**

Inpatient facility, Outpatient facility and Professional.

Stop loss reimbursements and pharmacy rebates are not included in this data.

High Cost Claimants are defined as those greater than \$100K.



#### **Benchmarking**

Annual medical databases include private-sector health data from approximately 75M member lives, 2.5B medical, pharmacy and eligibility records.

Normative database has also been categorized based on specific metrics on the proportions of your population's geography and industry; age and gender; benefit design; group size (individual, small and large groups); and other proprietary Milliman adjustment factors



#### Risk score

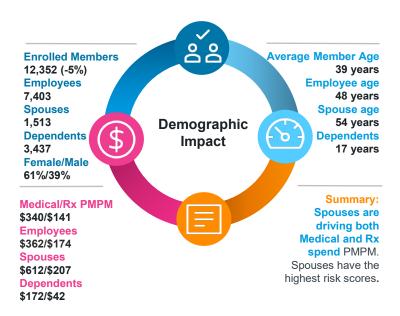
MARA Risk Score is the measure of risk associated with an individual's age, gender, and conditions, relative to an average person.

A relative risk score of 1.00 is average and an individual with an RRS of 1.50 is predicted to spend 50% more in resources compared to the average person.



#### **Executive Summary**

Previous: May 2021 – April 2022 Current: May 2022 – April 2023



**144 members are 70 years or older:** continue to promote Anthem's Medicare training opportunities.



#### **Clinical Insights: Cost Trends**

- Total Plan Paid \$71.3M, -5%
- Medical Plan Paid \$50M, -10%
- Pharmacy Plan Paid \$21M, +9%
- Total PMPM \$481 (\$532), -0.6%
- Med PMPM \$340 (\$419), -6%
- Rx PMPM \$141 (\$112), +15%



#### **Clinical Insights: Utilization Trends**

- PCP visits 2,036 per 1k (1,651); +2%
- Specialists visits 1,342 per 1k (1,299); -3%
- Telemedicine visits 767 per 1k; -6%
- ER visits 150 per 1k (170): +5% / Avoidable ER visits per 1k +9%
- Urgent Care visits 293 per 1k (222); -20%
- Outpatient surgery 98 per 1k (102); +5%
- Admissions 40 per 1k (58); +5% / Average Length of Stay 5.5 days (4 days)
  - \$15M Total Employer Paid (Med); -10%
- 88% Members using medical benefits
- (113) High-cost claimants (>\$100k), \$24M Total Employer Paid Amt; -10%



#### **Clinical Insights: Pharmacy**

- Prescription utilization per 1k 9,796 (13,403), -1%
  - Average Employer Paid per Script \$159, +15%
- Generic script utilization 85%
- Specialty drugs are 1% of Rx with % Paid 48% (52% in Yr.1)
- Top 5 Drug Classifications by # of scripts written: Antidepressants, Statins, Contraceptives, Vaccines, and Penicillins.
- Top 5 Drug Classifications by Paid Amount: Coagulation Factors, Cystic Fibrosis Agents, Hereditary Angioedema Agents, Vasopressins, and CNS Agents.

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#### **Executive Summary**

Previous: May 2021 - April 2022 Current: May 2022 - April 2023

> 47% of members have a chronic condition.

Top 3 Chronic Conditions:

**Hypertension (1418)** 

**Lipoprotein Disorders(1089)** 

**Anxiety (920)** 

## **Population Health**

#### **Behavioral Health**

- 2085 members with BH condition
  - Acute and Chronic
- 59% employees Top diagnoses
- - Anxiety and Mood Disorders
- 65% of all virtual visits were BH
- PCP office visits and Admits increased in prevalence
- Alcohol related disorders 2<sup>nd</sup> top Inpatient Admit diagnosis

#### **Risk Bands**

Current Risk / Predicted Risk 1.27 / 1.27

**Employees** Spouses 1.46 / 1.50 1.72 / 1.78

Very low 6517 members (\$334) 3423 members (744) Moderate 885 members (\$1358) Mod High 3591 members (\$5549) 331 members (\$38,165) Hiah

#### CHRONIC CONDITION OVERVIEW

- **7012 members** (2.5% decrease YoY)
  - 68% Employees, 16% Spouses, 16% Dependents.
- Hypertension:
- 1452 members; 79% Employees.
- Hyperlipidemia: · Diabetes:
- 524 members; 80% Employees. 749 members; 75% Employees
- 88% Type 2 Diabetics.

May lead to Metabolic Syndrome\*

#### **Preventive Care**

- 47% had a preventive visit
  - 46% in prior year
- 12% of members had no medical claims in current reporting period
  - Same as prior year

#### **Well-being Programs**

Comprehensive well-being & condition management programs with optimal engagement to support behavior change can help shift members to lower risk bands and reduce cost. Shifting just 5 high risk members to moderately high risk could result in potentially significant annual savings.

- Musculoskeletal (MSK): 3451 members; 27% of member population: 68% Employees
  - Chronic: 1629 members; 47% of member population: 73% employees
  - 2<sup>nd</sup> highest spend over 3 years by diagnostic category

<sup>\*</sup> Metabolic Syndrome may occur when members have a cluster of chronic conditions that lead to progressive vascular conditions such as Diabetes, Coronary Artery Disease, Chronic Kidney Disease, End Stage Renal Disease, and Stroke.



#### Data-driven action plan – population health

May '21 Apr '22 PAID May '22 Apr '23 PAID

#### Focus areas **Well-being Strategy**

prevalence

\$4M

increase in prevalence

current reporting period

Risk of Metabolic Syndrome

Diabetes claimants

Amount: \$290k

Mental and Behavioral Health

Prevalent age bins 20-29

Increase in trend

#### **Current programs**

#### Anthem

LiveHealth Online virtual medical services

2022 utilization: 558 engaged: 442 Medical: 8 Dermatology: 4 Sleep: 105 BH

Condition Care Management: Asthma, CAD, Heart Failure, COPD and Diabetes

- · 2022 utilization: 1,739 identified
- Asthma 784: CAD:173: Heart Failure: 23: COPD: 62:
- Diabetes: 697
  - Contact Rate: 28%: Enrolled of Contacted: 85%: Engaged of Enrolled: 84%

Live Health Online virtual services

2022 utilization: 105 BH

#### Strategic opportunities Well-being

- **Cancer Support**
- Develop communication campaign to promote available
  - resources for those undergoing cancer treatment.
  - **Metabolic Syndrome Preventive Strategy**
  - Consider weight management point solution to help manage top chronic conditions: WW, Noom Hypertension Condition Management: Hello Heart, Anthem's
  - Healthy Impact Program: Blood Pressure and Weight Management: LiveHealth Online
- Lifestyle Accounts Promote American Heart's Life Simple 7: the 7 risk factors that people can improve through lifestyle changes to help
- achieve ideal cardiovascular health: Complete Heart Assessment

DE&I: Establish an Employee Resource Group - individual bank level

https://www.heart.org/en/healthvliving/healthy-lifestyle/my-life-check--lifes-

- Strengthens employee connections and builds internal support framework
- Allows forum for advocacy for internal resources

simple-7

www.usgs.gov/office-of-diversity-and-equalopportunity/employee-resource-groups

#### Musculoskeletal

diagnosis

\$2M

Musculoskeletal (MSK) 27% members with MSK condition (includes

Increase in PCP visits and Admits

47% of members had a chronic condition:

46% Preventive Care utilization; increase in

12% of members had zero medical claims in the

Increase in Hypertension, Hyperlipidemia, and

Increase in Diabetes Rx Employer Paid Amount:

Decrease in Diabetes Medical Employer Paid

Anxiety and Mood Disorders top two diagnoses

Alcohol-related disorders 2<sup>nd</sup> top Inpatient Admit

Increase in Medical Employer Paid Amount =

Hypertension top PCP visit diagnosis

- acute and chronic)
- 47% of this group have chronic MSK condition
- Dorsopathies and Osteoarthritis top Chronic diagnoses

#### Hinge Health:

2022 utilization: 9,952 total eligible: 484 (5%) engaged:428

Anthem

Anthem

EAP

chronic: 56 acute

2022 utilization: 286 total requests: 577 total contacts: 62.5%

emotional:17% marital/child: 7% Family/Child issues

2023 utilization: January – May: 9,940 total eligible: 105 engaged: 1 prevention: 97% chronic: 7% acute

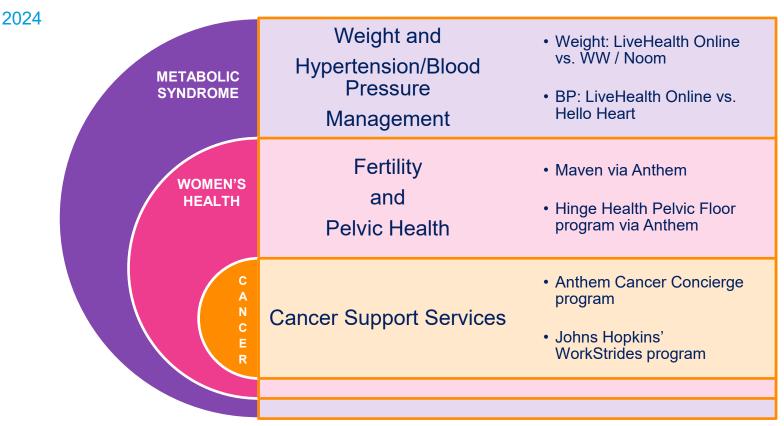
#### Continue to leverage Hinge Health's educational resources on available virtual services to help increase awareness of

- the program and engagement
- Employer Medical Paid Amount: \$4.7M (-1% YoY) MSK Toolkit - Time Well Spent https://timewellspent.anthem.com

#### Data-driven action plan: cancer support

Cancer	Recommended Next Steps	Measurable Outcomes
831 members with cancer claim (6% of population and MMA BoB is 4%).     21% employer paid medical on cancer claims (MMA BoB is 12%); 9% decrease YoY.      Top cancers are: blood cancers, melanoma/malignancies and breast cancer.      Total Employer Paid (Medical) for Cancer Claims is \$10.7M.	<ul> <li>Add to communication campaign to encourage members with cancer to engage with provider and/or carrier case managers to assist in treatment through centers of excellence, navigation with healthcare support, local/national cancer resources, as well as research for possible clinical trials related to the members' type of cancer.</li> <li>Anthem's Cancer Concierge program – planned to implement January 2023.</li> </ul>	Reduced gaps in care; increased engagement with CM.
Utilize community resources when partnering with Anthem to develop robust campaigns for cancer prevention and support.	<ul> <li>"Time to Screen" is a collaboration between CancerCare and Community Oncology Alliance.         <ul> <li>Website: <a href="https://timetoscreen.org/">https://timetoscreen.org/</a></li> <li>Toll-free hotline (1-855-53-2733) - speak with a support specialist for local cancer screening options and importance of timely screening.</li> </ul> </li> <li>The Job Accommodation Network (JAN) has an extensive 36 page document devoted specifically to cancer issues and resources, called "Accommodation and Compliance Series: Employers with Cancer", updated November 2021. <a href="https://askjan.org/publications/index.cfm">https://askjan.org/publications/index.cfm</a>.</li> </ul> <li>Manager resource: <a href="https://www.workplacetransitions.org/">https://www.workplacetransitions.org/</a>, - provides support to manages on how to approach employees touched by cancer, planning leave and return to work, etc.</li> <li>Promote the Centers for Disease Control and Prevention (CDC) resources for cancer patients, survivors, and caregivers. <a href="https://www.cdc.gov/cancer/">https://www.cdc.gov/cancer/</a> <a< td=""><td><ul> <li>Increased compliance with age- appropriate preventive exams and reduced late stage cancer diagnoses.</li> <li>Employee satisfaction surveys.</li> </ul></td></a<></li>	<ul> <li>Increased compliance with age- appropriate preventive exams and reduced late stage cancer diagnoses.</li> <li>Employee satisfaction surveys.</li> </ul>

#### Recommendations under consideration



VBA offers the option to add Lifestyle Spending Accounts through FBA to support wellness or other concierge services (Bank Choice).

## 2024 RFP Update



#### **Pharmacy**

Current program with ESI/RX Benefits on a carveout arrangement since 2020.

RFP in process for 1/1/24 effective date:

- Request quotes on a carveout basis from ESI, Optum & Caremark
- Also requested a quote from Anthem on an integrated basis
- Reviewed financial contract offerings, customer service metrics, and ability to slow pharmacy trends, especially around specialty drugs.
- Asking for alternatives to RX Assurance Captive as only available for RX Benefits customers.

Recommendation to Board to move to Anthem (Carelon RX):

- Inegrated Platform with 24/7 customer service
- Sydney integration and Prior Authorization efficiencies
- Most Competitive contract of all bidders

#### **Voluntary Benefits**

- Marketed Voluntary Accident, Critical Illness, and Hospital Indemnity benefits
  - Intend to replace current Group Aflac offerings; participants with individual voluntary Aflac policies will not be impacted
- Anthem and Securian are finalists presented to VBA Benefits team week of April 24
- Both offer reduced rates for employees
- Enrollment will mapped from Aflac on Bswift

#### Anthem

- Use same billing and file feed structure already in place
- Discount on medical plan fees
- \$5,000 implementation credit
- Tech subsidies

#### Securian

- Performance guarantees
- Integration with bSwift
  - Includes implementation credits
  - · Tech subsidies

#### **Dental**

- Request for Information (RFI) was conducted in Spring of 2023 to evaluate dental plan networks
- RFI was sent to Anthem, Ameritas, Cigna, Delta Dental, Dominion National, MetLife, SunLife and United Concordia
- Conclusion: Delta Dental has the broadest network in Commonwealth
  - Consideration of increasing the out of network allowance on the plan

Weighted by total number of overall claims:

23,962

Number of claims Percentage of Claims

Delta Dental Premier	Delta Dental PPO	Anthem Complete	Ameritas	Cigna Total DPPO	Dominion National	MetLife	SunLife	United Concordia
20,762	9,084	18,577	14,459	15,126	11,596	13,608	14,449	13,945
86.65%	37.91%	77.53%	60.34%	63.12%	48.39%	56.79%	60.30%	58.20%

#### **Appendix**

- Population Health Insights
- Clinical Insights and Strategies

# Population health insights

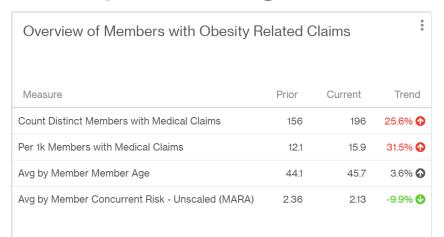
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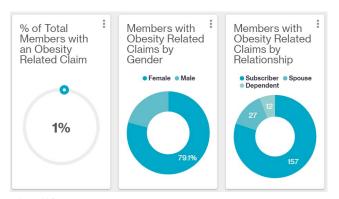


#### **Top conditions & diagnosis group**

ICD-10 Diagnosis Category (CMS) (Primary Diagnosis)	Count Distinct	t Members with	n Medical Claims	PMPM Employer Paid Amount (Med		
Hypertensive diseases			1,452		\$2.78	
Metabolic disorders			1,151		\$3.13	
Anxiety, dissociative, stress-related, somatoform and ot			991		\$2.30	
Episodic and paroxysmal disorders			770		\$2.96	
Other dorsopathies			763		\$3.53	
Diabetes mellitus			749		\$1.94	
Noninflammatory disorders of female genital tract			683		\$3.50	
Disorders of thyroid gland			645		\$0.86	
Other diseases of upper respiratory tract			584		\$1.62	
Mood [affective] disorders			483		\$2.10	

#### The impact of weight-related issues





Overview of Cost for Obesity Related Claims								
Measure  Sum Employer Paid Amount (Med)	Prior \$10,174	Current \$17,786	Trend 74.8% •					
PMPM Employer Paid Amount (Med)	\$0.07	\$0.12	83.0% 🟠					
Avg by Member Employer Paid Amount (Med)	\$65.22	\$90.74	39.1% 🕢					



Clinical insights and strategies

Your future is limitless.



#### **Employer Paid Amount**

#### Comparing HCC-only population vs. population without any HCC's

Employer Paid Amount without H	igh Cost Claima	ınts	Employer Paid Amount High Cost Claimants Only				
Measure	Prior	Current	Trend	Measure	Prior	Current	Trend
Average Enrolled Members	12,846	12,254	-4.6% ◆	Count Distinct Members with Medical Claims	96	113	17.7% 🕎
PMPM Employer Paid Amount (Med)	\$224	\$220	-1.8% ◆	PMPM Employer Paid Amount (Med)	\$20,920	\$15,215	-27.3% 🔮
PMPM Employer Paid Amount (Rx)	\$90.22	\$102	12.8% 🕎	PMPM Employer Paid Amount (Rx)	\$5,138	\$5,083	-1.1% 👁
PMPM Employer Paid Amount (Med+Rx)	\$314	\$322	2.4% 🟠	PMPM Employer Paid Amount (Med+Rx)	\$26,058	\$20,299	-22.1% 🔮
Sum Employer Paid Amount (Med)	\$34,573,610	\$32,389,221	-6.3% 👁	Sum Employer Paid Amount (Med)	\$21,317,951	\$17,938,688	-15.9% 🔮
Sum Employer Paid Amount (Rx)	\$13,907,965	\$14,959,602	7.6% 🕎	Sum Employer Paid Amount (Rx)	\$5,235,196	\$5,993,395	14.5% 🟠
Sum Employer Paid Amount (Med+Rx)	\$48,481,575	\$47,348,823	-2.3% 🔮	Sum Employer Paid Amount (Med+Rx)	\$26,553,147	\$23,932,083	-9.9% 🔮

#### 3-year trend by diagnostic category

ICD-10 Diagnosis Chapter (CMS) (Primary Diagnosis)	CY 2020	CY 2021	CY 2022	Total
Neoplasms (Cancer)	\$7,943,699.10	\$6,157,928.11	\$6,078,774.05	\$20,180,401.26
Diseases of the musculoskeletal system and connective tissue	\$4,870,176.82	\$3,512,415.47	\$2,907,911.70	\$11,290,503.99
Diseases of the circulatory system	\$3,332,706.77	\$3,573,074.74	\$3,034,630.92	\$9,940,412.43
Diseases of the nervous system	\$2,124,572.53	\$1,651,192.16	\$1,425,946.68	\$5,201,711.37
Mental, Behavioral and Neurodevelopmental disorders	\$1,268,588.56	\$1,378,237.17	\$1,644,150.37	\$4,290,976.10
Diseases of the digestive system	\$1,187,544.07	\$1,295,715.57	\$1,587,695.08	\$4,070,954.72
Diseases of the genitourinary system	\$918,143.99	\$1,156,577.51	\$1,401,616.85	\$3,476,338.35
Endocrine, nutritional and metabolic diseases	\$898,001.72	\$777,009.53	\$1,005,833.36	\$2,680,844.61
Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism	\$801,405.62	\$913,750.53	\$857,154.76	\$2,572,310.91
Diseases of the respiratory system	\$377,932.02	\$709,407.33	\$351,891.74	\$1,439,231.09
Diseases of the eye and adnexa	\$331,560.55	\$460,320.73	\$375,157.89	\$1,167,039.17
Congenital malformations, deformations and chromosomal abnormalities	\$365,269.99	\$182,863.15	\$263,165.34	\$811,298.48
Injury, poisoning and certain other consequences of external causes	\$43,828.50	\$248,423.01	\$189,031.55	\$481,283.06
Pregnancy, childbirth and the puerperium	\$66,044.30	\$125,824.42	\$138,945.27	\$330,813.99
Diseases of the skin and subcutaneous tissue	\$59,735.82	\$112,838.04	\$71,538.38	\$244,112.24
Diseases of the ear and mastoid process	\$83,180.28	\$32,212.32	\$30,905.79	\$146,298.39
Certain infectious and parasitic diseases	\$6,051.00	\$11,998.11	\$7,450.74	\$25,499.85

#### Top high cost medical & Rx claimants

Gender	Туре	Age	Still Enrolled	HC Med	HC Rx	HC Prior	Prior Paid	Med Paid	Rx Paid	Total Paid Med + Rx	Predicted Cost	
Male	Spouse	66	×	••	00	•	\$201,542	\$857,388	N/A	\$857,388	No value	Esophageal 1 termed.
Male	Spouse	53	×	0		0	\$36,094				No value	Small intest  2 intervention
Male	Subscriber	62	•	0	00	0	\$0	\$607,600	\$6,016	\$613,616	\$50k - \$75k	Lymphoma: 3 need transp
Male	Dependent	17	×	••	•0	•	\$816,091	\$587,206	N/A	\$587,206	No value	4 Leukemia a
Male	Spouse	63	×	••	00	•	\$335,519	\$574,278	\$3,740	\$578,019	\$50k - \$75k	<b>5</b> B-cell Lymp
Male	Subscriber	60	•	0	••	•	<b>\$3</b> 70,345	\$182,233	\$288,860	\$471,093	\$250k +	Multiple My 6 and antined
Male	Spouse	66	•	••	00	•	\$259,524	\$453,547	\$592	\$454,139	\$50k - \$75k	Has MS; suf with surger
Female	Subscriber	33	•	00	••	•	\$370,083	\$1,239	\$447,431	\$448,670	\$250k +	7 down. Cystic Fibro
Female	Subscriber	56	•	•	00	0	\$60,709	\$401,461	\$112	\$401,574	\$75k - \$100k	8 Admissions
Male	Spouse	45	×	••	00	•	\$163,847	\$392,151	N/A	\$392,151	No value	Breast Cand 9 completed
												Leukemia o

al cancer with malignancy; has since

stine malabsorption with surgical on; has since termed.

a: CAR-T cell procedure — if fails may splant but no indication thru mid-Apr.

and termed back in Aug 2022.

phoma; no claims after Dec2022.

Myeloma in relapse early 2023 on chemo

eoplastics on several SpecRx. uffered a subarachnoid hemorrhage ery done: continues care but may trend

rosis on Trikafta: no ER or Inpatient

ncer: Radiation and Mastectomy

d 2022; currently on anti-neoplastics. on chemo and has since termed the

**10** plan.

#### **Clinical Consultant Observations**

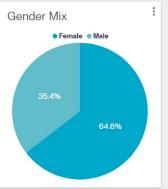
- · Cancer is the highest Employer Paid for HCC's at \$4.9M for the most recent period.
- · MMA Clinical Consultant and Anthem's RN continue to meet to review HCC several times annually to ensure minimal gaps in care exist.

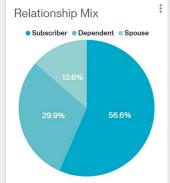
#### **Cancer Overview: VBA**

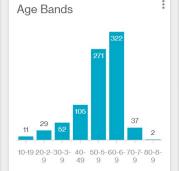


#### Top 3 Most Prevalent Cancers

- Polycythemias and other blood-related cancer
- Melanoma and other malignancies
- Breast Cancer









#### **Fertility overview**

#### May '21 Apr '22 PAID May '22 Apr '23 PAID

#### **Virginia Bankers Association**

Medical - Key metrics - Male and Fema	ale Infertility Dia	gnosis	Pharmacy - Key metrics - Fertility Agents				
Measure	Prior	Current	Trend	Measure	Prior	Current	Trend
Count Distinct Members with Medical Claims	20	13	-35.0% 🔮	Count Distinct Members with Rx Claims	0	1	No value
Per 1k Members with Medical Claims	1.55	1.05	-32.0% 🔮	Per 1k Members with Rx Claims	0	0.08	No value
Count Distinct Medical Claims	29	27	-6.9% 🔮	Count Distinct Rx Claims	0	1	No value
Per 1k Medical Claims	2.24	2.19	-2.5% 💇	Per 1k Rx Claims	0	0.08	No value
Sum Employer Paid Amount (Med)	\$5,477	\$754	-86.2% 🔮	Sum Employer Paid Amount (Rx)	No value	\$0.00	No value
Avg by Med Claim Employer Paid Amount (Med)	\$189	\$27.94	-85.2% 🔮	Avg by Rx Claim Employer Paid Amount (Rx)	No value	\$0.00	No value
Avg by Member Employer Paid Amount (Med)	\$274	\$58.03	-78.8% ♥	Avg by Member Employer Paid Amount (Rx)	No value	\$0.00	No value

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Projections are based on the information and data available up to this specific point in time and are not to be taken as a guarantee of results which might be achieved. The projections are subject to unforeseen and random events and so must be interpreted as having a potentially wide range of variability from the estimates. In the event that final renewal information is available after this analysis has been performed and it differs from that within this analysis, results should be considered within that new context.



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