

Agenda

Session Two – October 13 – 9:00am to 4:30pm

- 9:00-9:45
 - Welcome, Overview, and Introductions
- 9:45-10:30
 - Introduce to Insights
- 10:30-10:45
 - **BREAK**
- 10:45-12:00
 - Introductions to Insights continued
- 12:00-12:45
 - **LUNCH**
- 12:45-1:30
 - Insights Personal Application
- 1:30-2:30
 - Leadership Strengths, Motivators, and Blockers
- 2:30-2:45
 - **BREAK**
- 2:45-3:30
 - Color Energies Under Stress
- 3:30-4:00
 - Action Planning
- 4:00-4:30
 - Closing Activities