



Q3 2026

Love Your Heart

Click on the icons below to explore campaign options to distribute to your employees.



Hello Heart - Direct Communications

Hello Heart will send letters and emails directly to eligible employees about the program and resources.



Abs For August Challenge: August 3-30

This Wellworks For You challenge encourages employees to build core strength. Contact [Jen Allen](#) for materials or to add an incentive.



Anthem's Heart Health Portal

Check out this ready-to-use, 4-week campaign to identify additional resources for your employees.



World Heart Day: September 29

Wear red on 9/29 in support of World Heart Day and [share your group's picture!](#)



"Stall Talk" Quarterly Well-Being Employee Flyer

Check out our new communication resource for employees to learn about point solutions and access well-being information. The flyer can be printed in various sizes and displayed in restrooms or breakrooms for convenient access. You may also share the flyer digitally or post it to your intranet.

