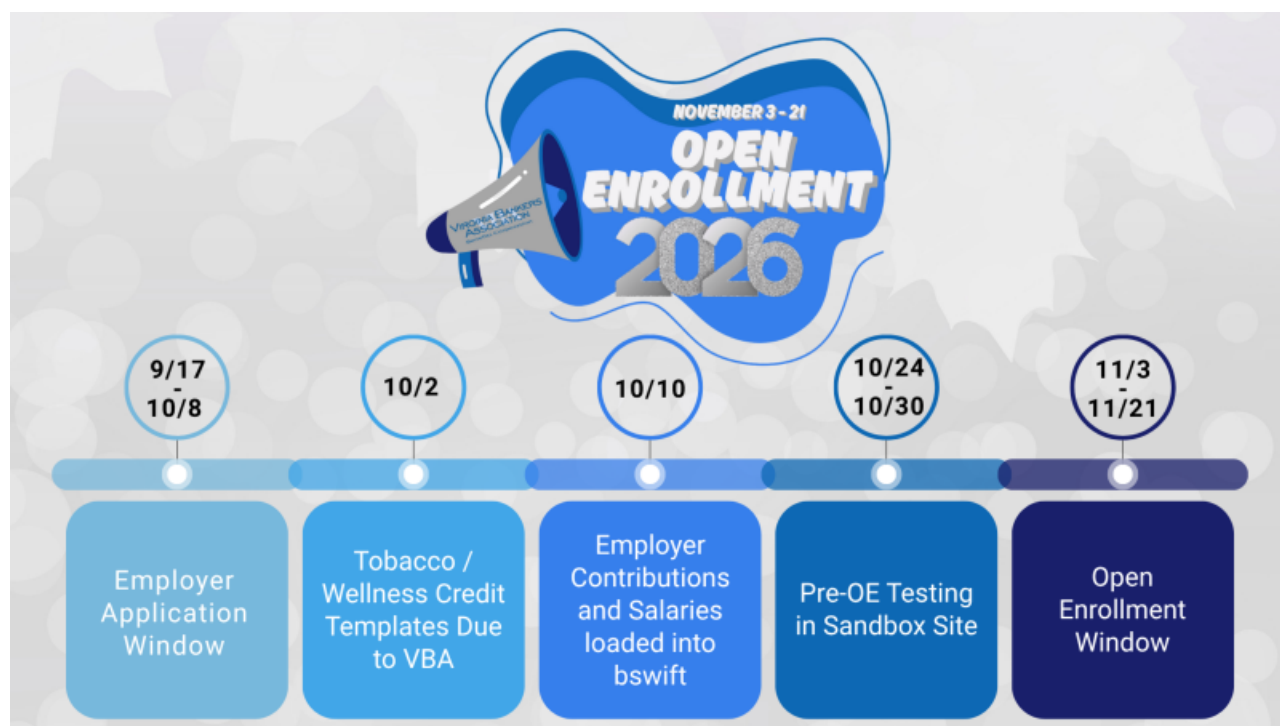


Problem viewing this email? [Click here](#) for our online version.



BEGINNING TOMORROW, OCTOBER 24: PRE-OPEN ENROLLMENT TESTING

Pre-Open Enrollment Testing - Starts Friday, October 24 at noon.

What: The VBA Benefits Corp. asks administrators to preview their Open Enrollment site every year in a testing environment that replicates the bswift platform.

Who: ALL administrators that will have employees enroll in VBA sponsored benefit plans for the 2026 plan year.

Where and When: The [bswift Sandbox Site](#) will be available for testing at **Noon** on Friday, October 24, until Thursday, October 30.

How: [Instructions and Testing Scenarios](#):

- **If any of your test scenarios fail**, please return the completed spreadsheet, with your notes, to the [Benefits Corp Mailbox](#).
- **If all of your test scenarios are successful**, you do not need to return the testing spreadsheet.

Testing will end on Thursday, October 30, when the Sandbox site refreshes.

Note: Banks that access bswift via Single Sign On (SSO) should use their specific Sandbox URL to access their testing site. Please email us if you need help accessing your Sandbox site.

Please reach out with any questions: benefits@vabankers.org

EMPLOYER CONTRIBUTIONS & COMPENSATION AMOUNTS

Your 2026 Employer contributions and Employee Compensation amounts should have been loaded into your bswift site by now. If you have any changes you want to make to your amounts, please email the [Benefits team](#) but **don't make any changes in your bswift site!**

Please reach out with any questions: benefits@vabankers.org

OPEN ENROLLMENT BOOKLET TEMPLATE

We made a few updates to the Open Enrollment Booklet Template on 10/10 and posted the revised version to the [Open Enrollment Resources Site](#) along with a one-page summary of the updates made.

- [Open Enrollment Booklet Template](#)
- [One-page summary of the updates made on 10/10](#)

Please reach out with any questions: benefits@vabankers.org

BSWIFT EMPLOYEE LOGIN REMINDER

Due to the multi-factor authentication (MFA) security the bswift system uses for logging in, neither HR administrators nor the Benefits Corp. Team are able to reset employee passwords. Please instruct your employees accessing bswift from a web browser to click **First Time User/Forgot Password** if they are accessing bswift for the first time or if they need to reset their password.

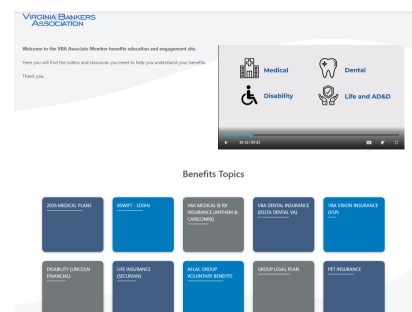
bswift employee log in troubleshoot instructions: If an employee is unable to log in, please check that their login is enabled, with the correct effective and end dates. Confirm their username and ensure their email, date of birth, and cell phone are correct. Ask the employee to use the "First Time User/Forgot Password" link on the login page, and enter their email address instead of their username. If none of these steps work, reach out to us at benefits@vabankers.org.

LEARN YOUR BENEFITS OE PREP

Learn Your Benefits (LYB) is a customizable and video-focused employee benefits communications platform.

The LYB team has loaded the 2026 medical and dental videos and summaries to each employer site. The 2026 summaries are also posted to the [Open Enrollment Resource site](#).

Questions? Contact benefits@vabankers.org or support@learnyourbenefits.com.



OPEN ENROLLMENT RESOURCE SITE: CLICK TO VIEW AND BOOKMARK!



IN OTHER NEWS

APPALACHIAN TRAIL CHALLENGE UPDATE

We have 13 employers participating in the fall walking challenge. As of today, the top five employers are:

1. Virginia Title Center
2. VBA Home Office
3. Bank of Botetourt
4. Bank of Marion
5. Mainstreet Bank



This challenge has been a great way to promote physical activity. If you missed the opportunity to participate in this challenge reach out to the VBA Benefits Corp and we can get you set up with another challenge!

Please reach out with any questions: benefits@vabankers.org

2025 Q4 WELL-BEING TOOLKIT: MUSCULOSKELETAL (MSK) HEALTH

Q4 2025 Musculoskeletal (MSK) Health
the well-being of the muscles, bones, joints, and connective tissues that support movement.

Ergonomic Webinar October 3
Improve posture at work! Share the Ergonomic Assessment and 10/3 Webinar (registration required).

Wellworks Walking Challenge
This Company-Wide Appalachian Trail Walking Challenge will take place between 10/1 - 10/31. Complete the Intake Form by 9/30.

Hinge Health
Virtual Physical Therapy to reduce pain/discomfort or recover from an injury.

Anthem MSK Health Kit
Employee communications and tools for creating a fun and effective 4-week program.

Helpful Tips:

- **Keep it simple.** This material is meant to help you to manage your quarterly wellbeing strategy.
- **Pick & choose what works!**
- **Spread it out.** Materials may be distributed to employees on a timeline of your choice.
- **Keep it fun.** Present this program as a positive, helpful experience, not a mandatory requirement. You want everybody to keep a healthy attitude!

The VBA Benefits Corp. is focusing on MSK Health for the fourth quarter of 2025. This quarter features an Ergonomic Webinar (10/3), Walking Challenge (10/1-10/31), online tools, and downloadable materials to support employee communications. Click on the flyer to the left! Please note it is for administrators only.

Share the following resources from the 10/3 Ergonomic Webinar with employees:

- o [View the Webinar Recording](#)
- o [View the Webinar Slides](#)
- o [View the TRW 5-Minute Movement Routine](#)
- o [Take the Ergonomic Self-Assessment](#) (10-minutes to complete).

Please reach out with any questions: benefits@vabankers.org

WELLWORKS FOR YOU

The Wellworks for You platform has been updated to allow individual employers to choose their own challenges and administer them on their own timing.



Challenges available include a variety of options, including: physical activity; "Self Care Sundays"; "Better Sleep Challenge"; "Working Towards Wellness"; "Spring Slimdown" and many more! Feel free to reach out to the [VBA Benefits Corp](#) or [Jen Allen](#) at Wellworks with questions. We can't wait to see what challenges get launched in 2026 with this new functionality!

- View the [Challenge Admin Access Guide](#)
- View the [Gamification Guide](#)

If you are planning to use the Wellworks for You Platform in 2026, please complete the [Implementation Intake Form](#) by **November 10, 2025**. Wellworks will reach out to walk through your plans and how to best utilize the platform. As a reminder, the platform can be used to track challenges, PCP forms, learning modules completed and much more.

Please reach out with any questions: benefits@vabankers.org

BSWIFT MOBILE APP QR CODE



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4490 Cox Road Glen Allen, VA 23060
1-800-643-5599

