



**VBA Internship Program - Intern Orientation**  
**June 2, 2022 | 10:00 a.m. – 3:00 p.m.**  
**VBA Office**  
**4490 Cox Road**  
**Glen Allen, VA 23060**

**Agenda**

- I. Welcome and Introductions – Monica McDearmon | VBA
- II. Banking Industry & VBA Overview – Bruce Whitehurst | VBA
- III. Careers in Banking
  - Darren Tully | Freedom Bank of Virginia
  - Sherry Williams | Chesapeake Bank
- IV. Overview of Internship Program and Schedule – Monica McDearmon | VBA
  - a. Certificate of Completion Requirements
  - b. Online Training Course
  - c. Capstone Project Overview and Guidelines
  - d. Extra Learning Opportunities
  - e. Summer Schedule
- V. Lunch
- VI. Business Etiquette and Other HR Best Practices
  - Lindsay Cheatham | Village Bank
  - Monica McDearmon | VBA
- VII. Past Intern Panel
  - David Cahill | First Bank & Trust Co.
  - Whitney Eriksen | Chesapeake Bank
  - John Paul | Atlantic Union Bank
  - Michael Williams | C&F Bank
- VIII. Networking Activity
- IX. Final Thoughts & Adjourn