

## BANK MANAGER SCHOOL 2020

WITH KAREN BUTCHER, SENIOR CONSULTANT, VK SOLUTIONS

### Session Two – Excelling at Leading, Supervising & Coaching

#### Post work from session one

1. Pick one new idea or behavior from session one to put into action before session two. Be ready to report your progress.
2. Watch 2-3 of the suggested Cy Wakeman YouTube video clips and write down 2-3 important points from each.
  - How to Recognize Your Ego
  - Three Questions I Ask to Move Beyond My Ego
  - Sharing a Feeling vs. Venting
  - How to Use Self-Reflection to Move Beyond Ego
3. What tips from Cy will help you coach your staff?
4. What does “Great Look Like” on your team?

#### Prework for Session two

1. Study the Coaching Choices Model on p. 9
2. Complete these assignments in the workbook:
  - a. The Time Tracking exercise on p. 10
  - b. The best practice of Coaching Choices exercise on p. 19
  - c. The follow-up exercise on pps. 20-21