



VIRGINIA BANKERS ASSOCIATION

Engineering Success by Engineering a New Mindset

Presented by: Nikki Dixon-Foley, Master Coach & Facilitator

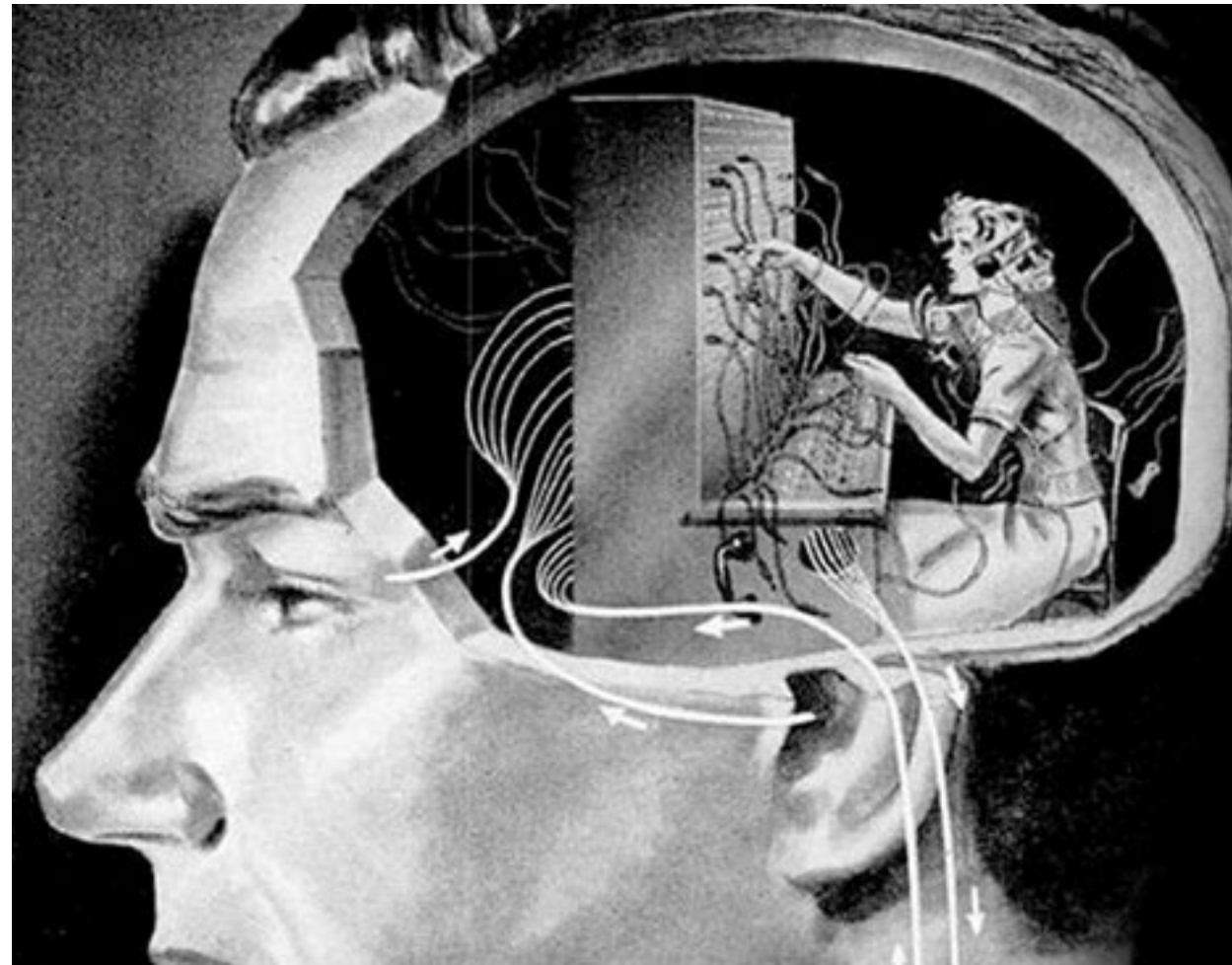
MARCH/2022
Richmond, VA



FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

State of Mind



A persons EMOTIONAL State

MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com



find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

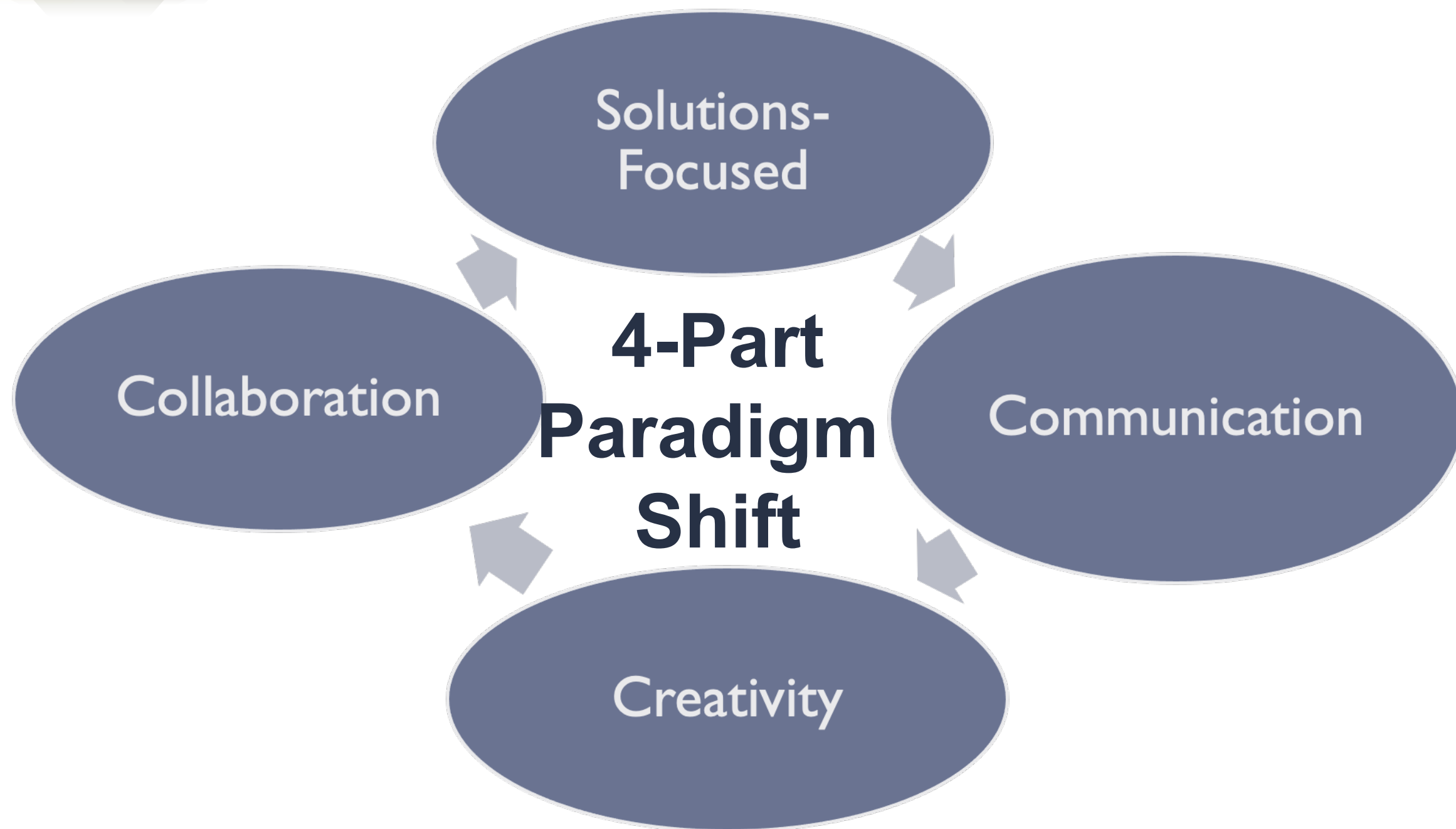
During Challenging Times

1. Your weird behaviors might show up.
2. You may become attracted to "locking on" to your way of thinking...and "locking out" important information.
3. Negative thinking can over-take your thinking.

MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

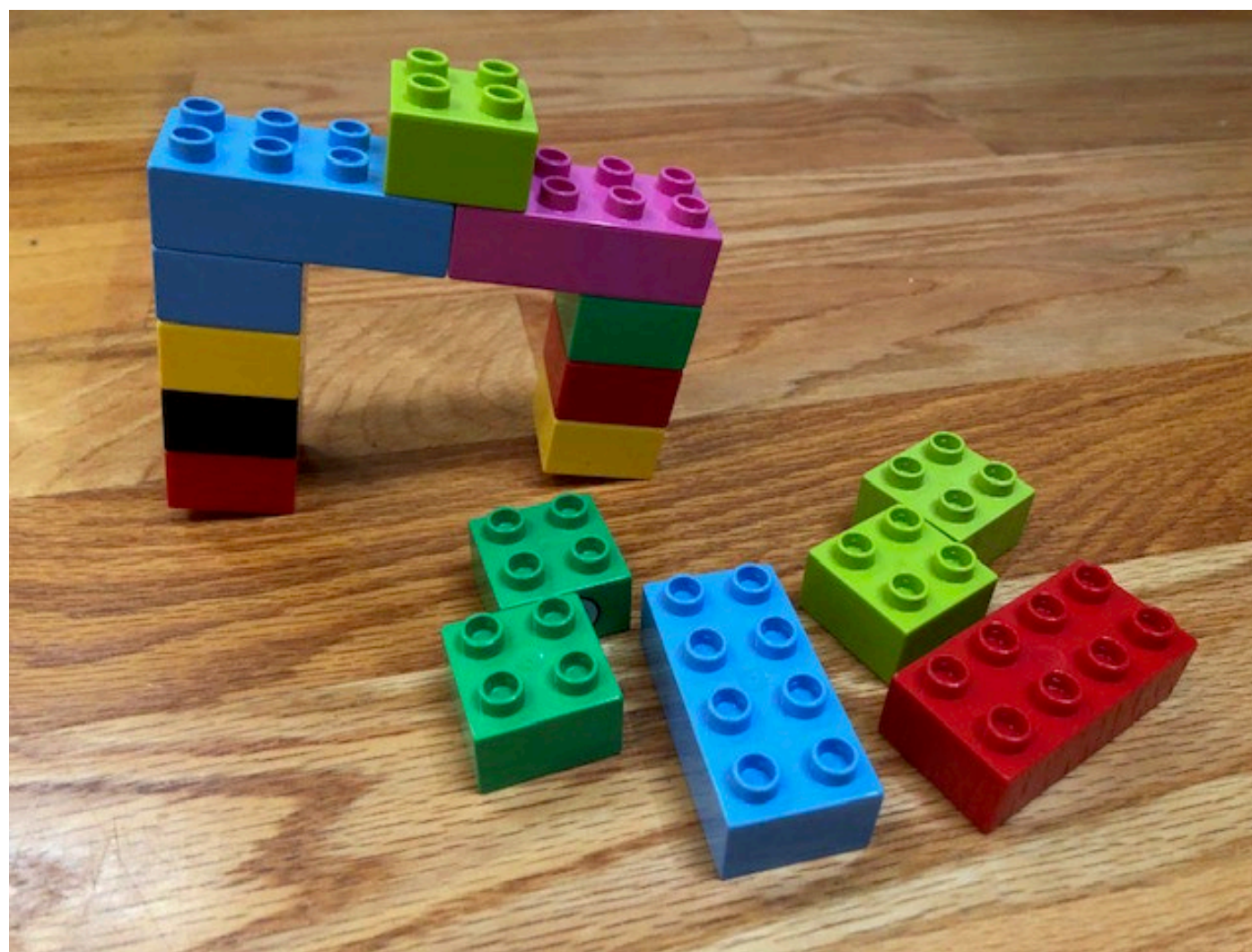


MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

How Do You Solve?



MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

Solution Focused Mindset

Elevating to focus on **solutions** not “why” or “how” to problem was created

1. Accurately assess the situation
2. Small parts solutions space.
3. Do I start, re-approach, or stop?
4. Fail forward...fast!

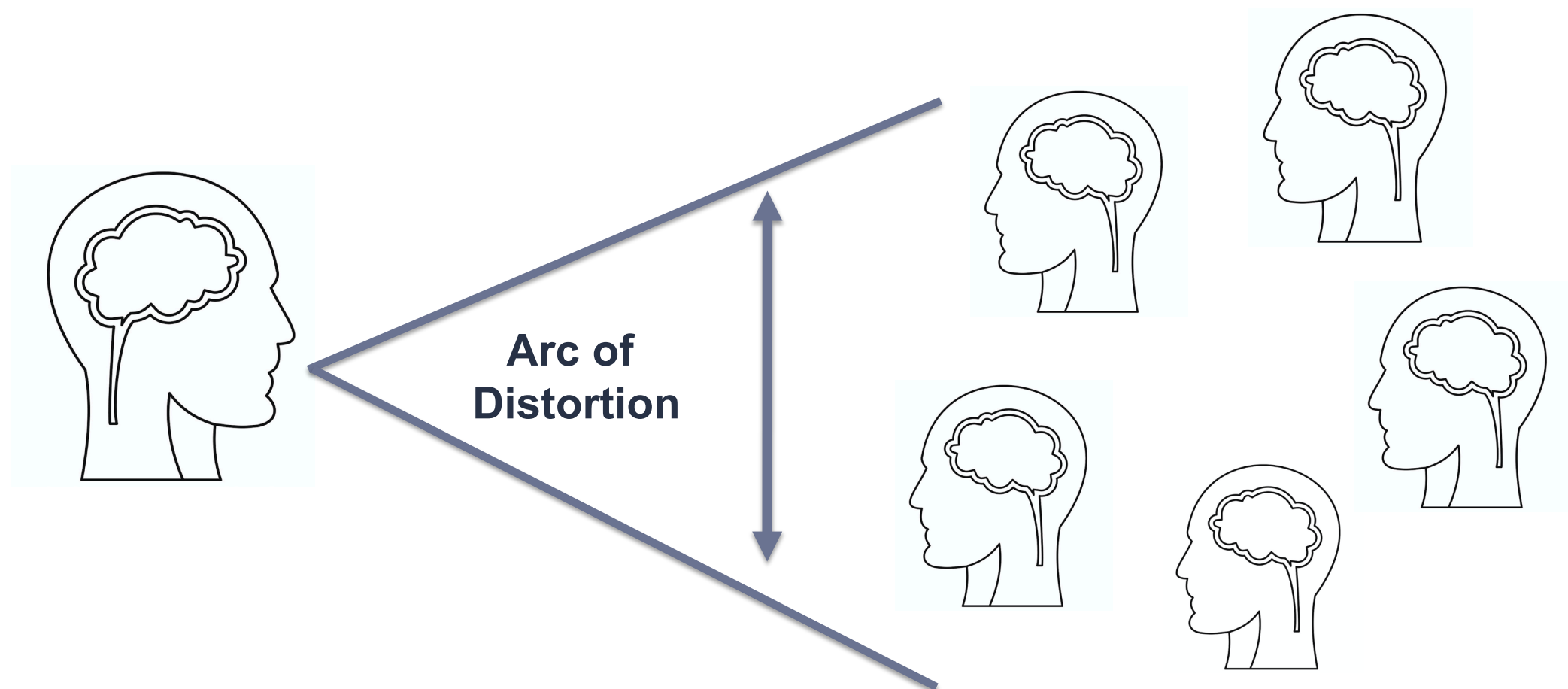
MARCH/2022
Richmond,VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com



find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

Human Communications



MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012



Communication Modifications

Can you communicate in a way that changes peoples minds?

Growing awareness of communication styles creates a pathway to better understanding

1. Build an understanding of individual communication needs.
2. Develop your WHY.
3. Seek clarity by asking “What don’t I know?”
4. Enrich conversation by asking “What have you heard?”

MARCH/2022
Richmond, VA

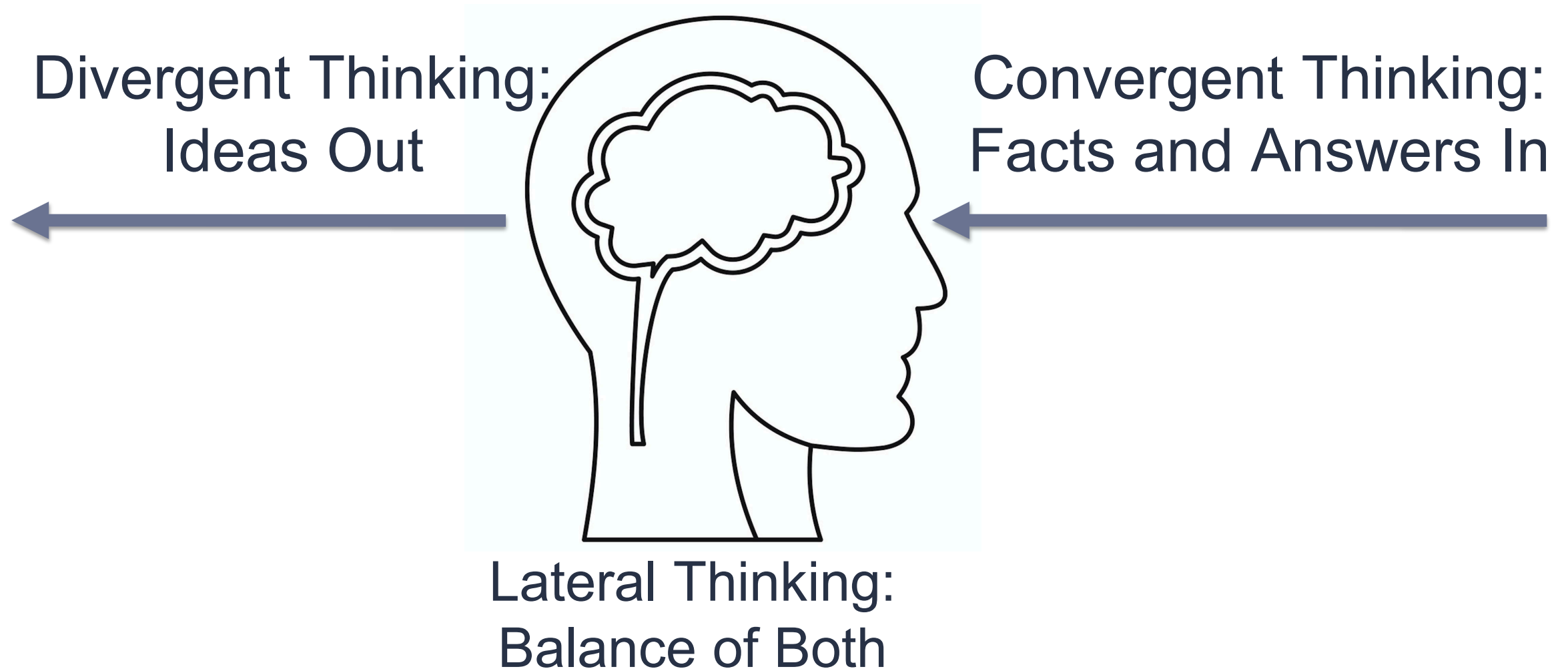


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

Creating Creativity

A skill that must be honed



MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com



find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

Creating The Creative Mindset

“Creativity is intelligence having fun”

- Albert Einstein

Improving your quest for creativity:

1. Ask the questions “what if” and “how about?”
2. Get comfortable with chaos.
3. Walk away and let the serendipity do its work.

MARCH/2022
Richmond,VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012

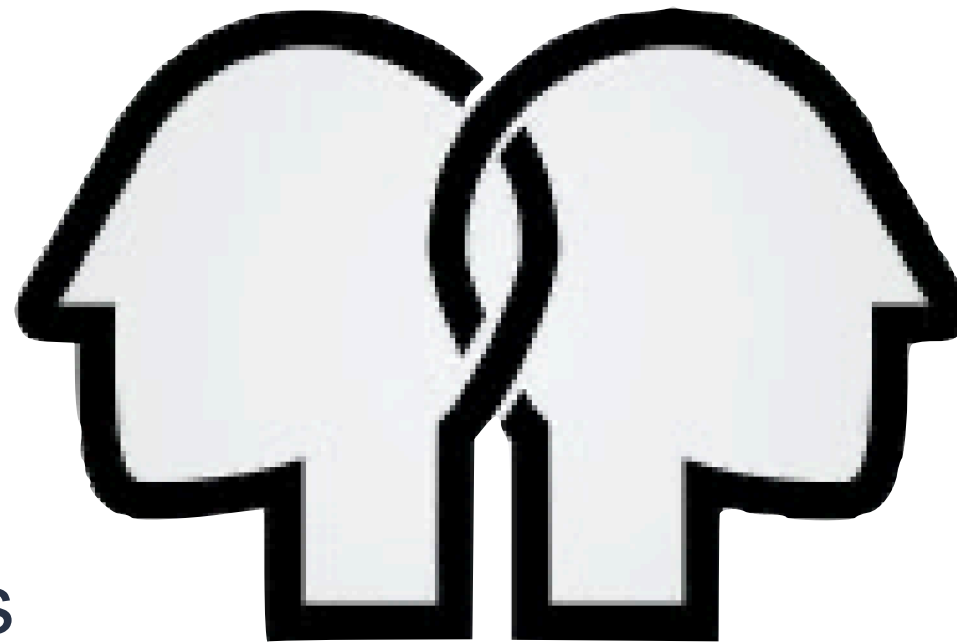
Collaboration

A deeply human capacity

Regulating
Emotions

Intentional
Planning

Pursuit of
Common Goals



Working
Memory

MARCH/2022
Richmond,VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com



find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012



Caring For the Collaboration Mindset

The sum of all of us together, is greater than our parts

Building a culture of collaboration:

1. Own the “We Culture” of transactions.
2. Foster productivity and collaboration by matching individuals to tasks that give them energy.
3. Intentionally craft belonging to a group.

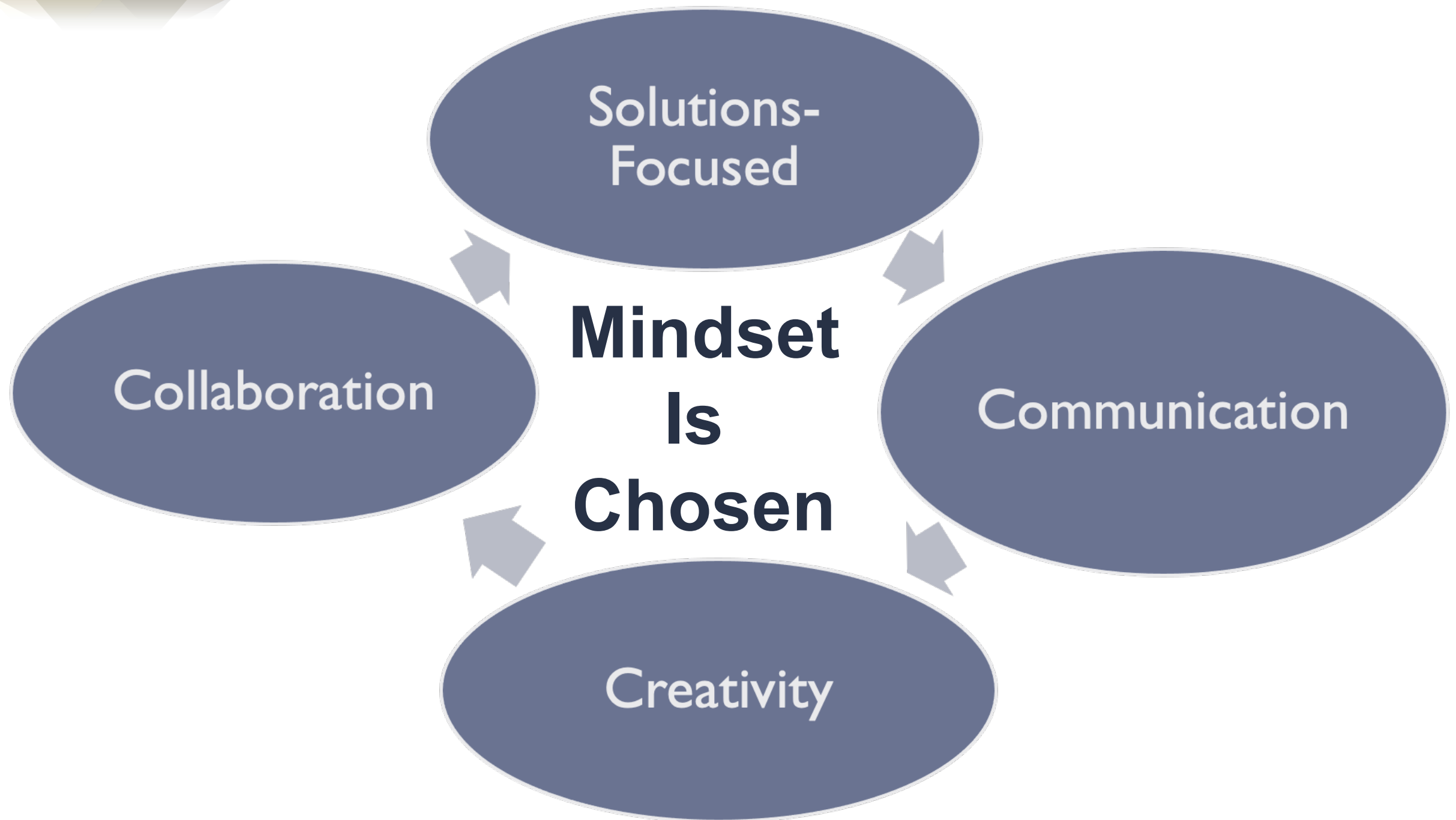
MARCH/2022
Richmond,VA



FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com



find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012



MARCH/2022
Richmond, VA


FUTURE**SYNC**
INTERNATIONAL
www.future-sync.com

 find us on Facebook
406•254•2326
info@future-sync.com
copyright©2012