

VIRGINIA BANKERS ASSOCIATION

Engineering Success by Engineering a New Mindset

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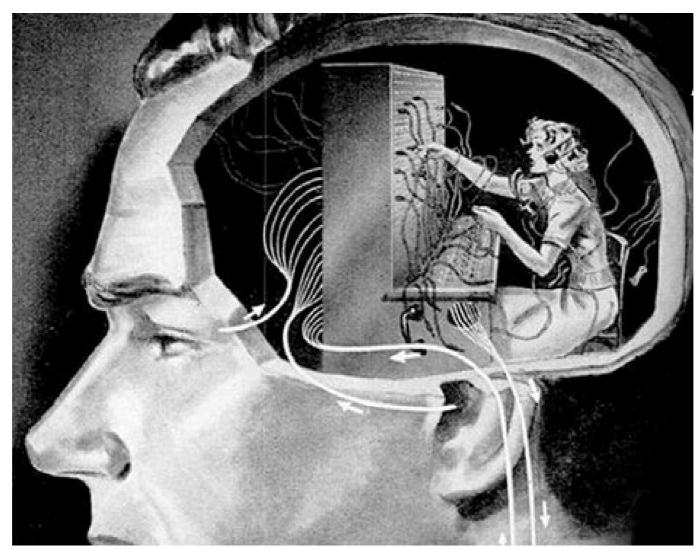
Ann Swenson Vice President Master Facilitator

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State of Mind



A persons **EMOTIONAL** State

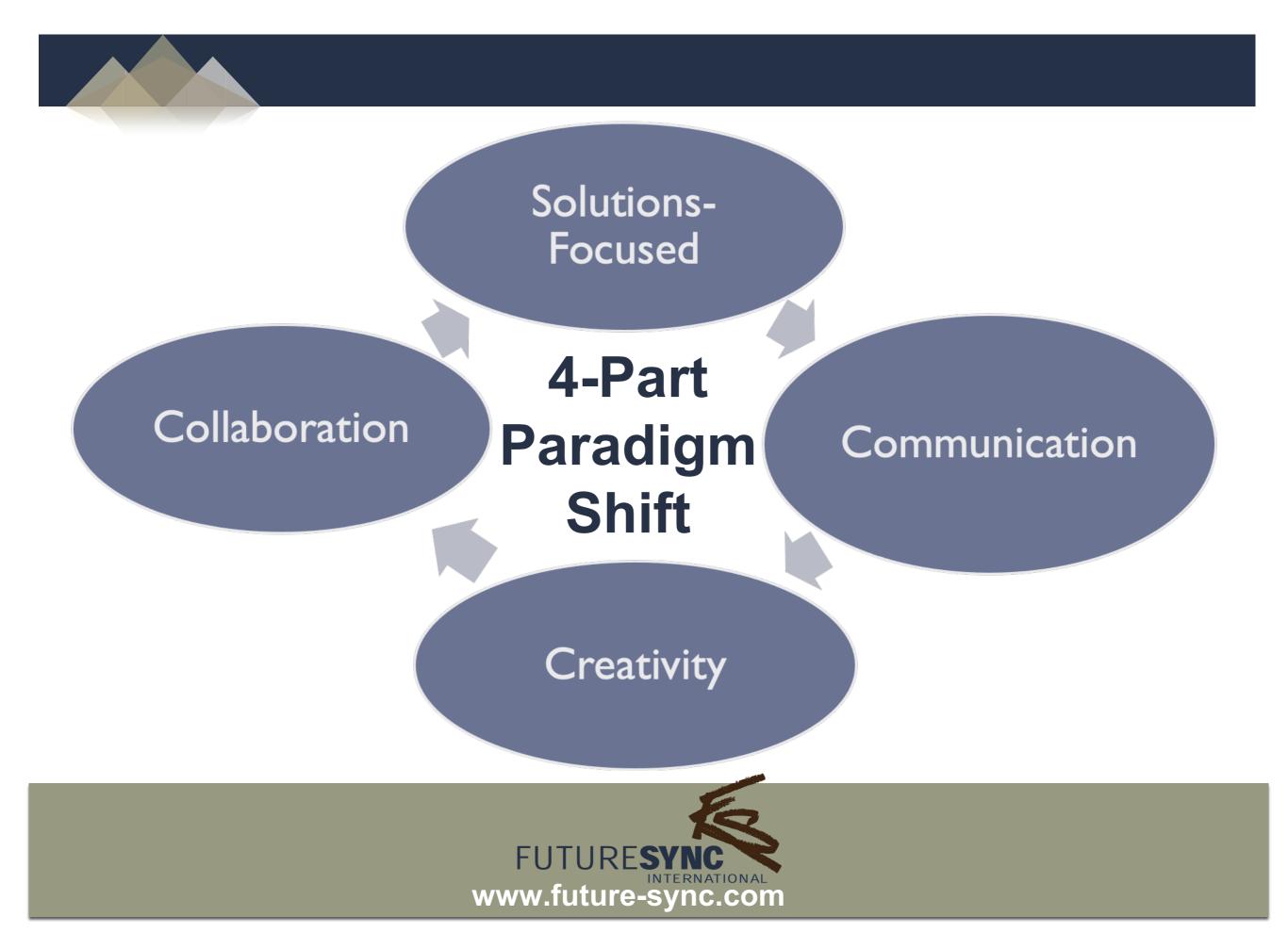




During Challenging 1. Your weird behaviors might show up.

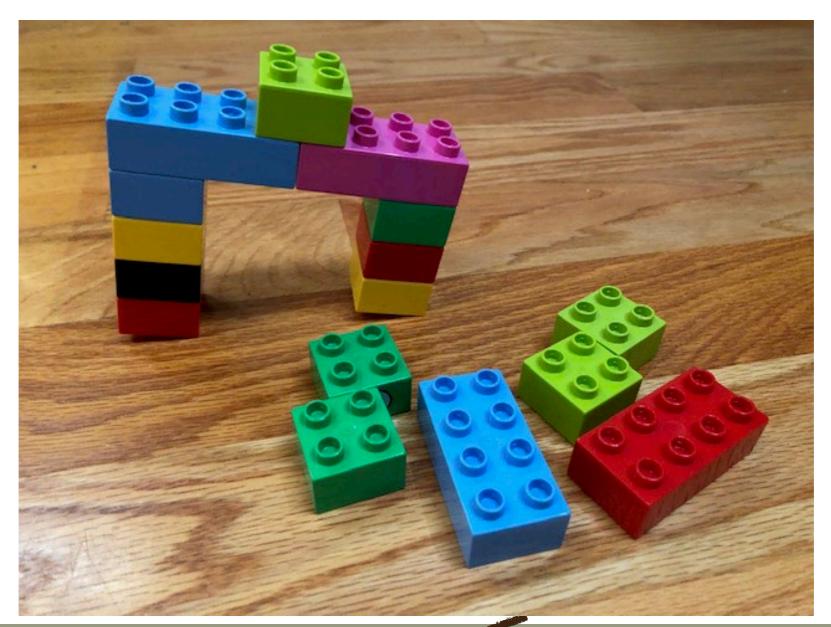
- 2. You may become attracted to "locking on" to your way of thinking...and "locking out" important information.
- 3. Negative thinking can over-take your thinking.







How Do You Solve?





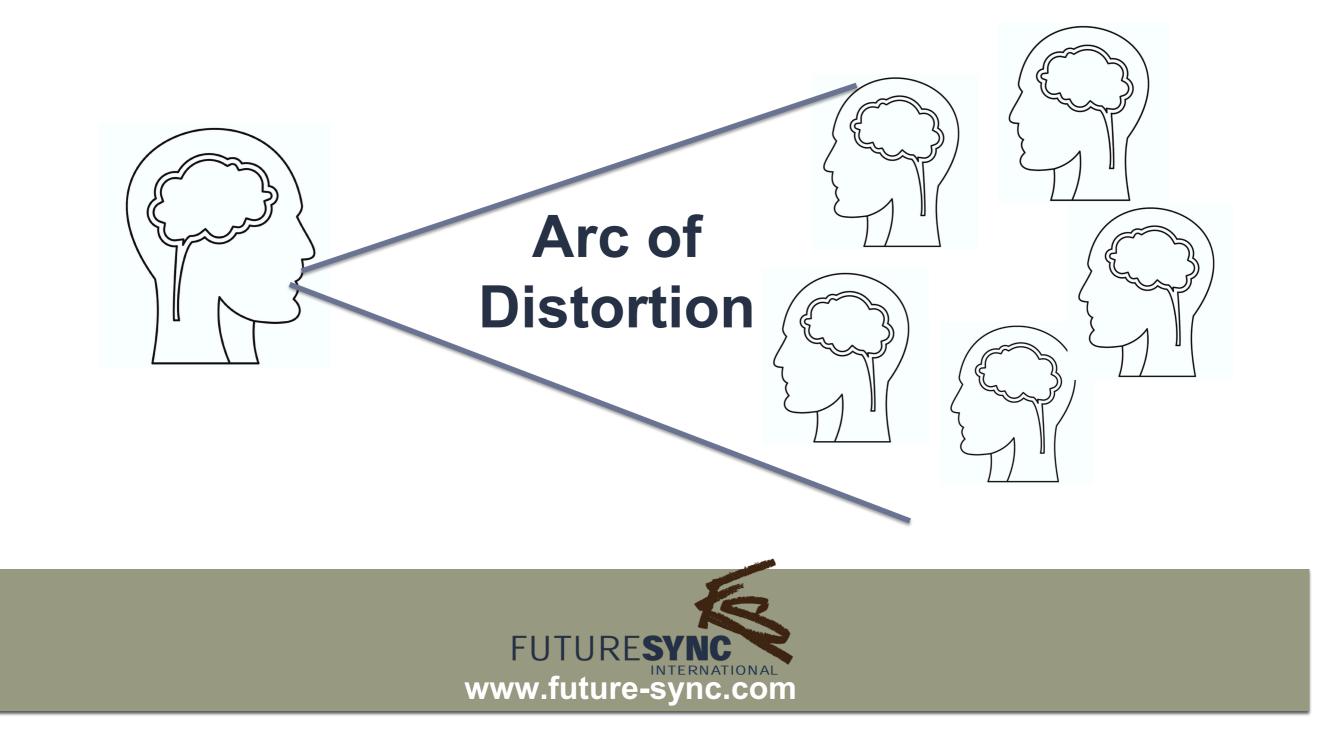
Solution Focused Mindset

Elevating to focus on solutions not "why" or "how" to problem was created

- 1. Accurately assess the situation
- 2. Small **parts** solutions space.
- 3. Do I <u>start</u>, re-<u>approach</u>, or <u>stop</u>?
- 4. Fail forward...<u>fast</u>



Human Communications



Communication Modifications Can you communicate in a way that changes peoples minds?

- Build an understanding of individual communication <u>needs</u>.
- 2. Develop your <u>WHY</u>.
- 3. Seek clarity by asking "What don't I know?"
- 4. Enrich conversation by asking "What have you heard?"





Creating Creativity A skill that must be honed

Divergent Thinking: Ideas Out Convergent Thinking: Facts and Answers In

Lateral Thinking:

Balance of Both



Creating The Creative Mindset

"Creativity is intelligence having fun" - Albert Einstein

Improving your quest for creativity:

- 1. Ask the questions "what if" and "how about?"
- 2. Get comfortable with chaos.
- 3. Walk away and let the serendipity do its work.





Collaboration

A deeply human capacity

Regulating Emotions Intentional Pursuit of Common Goals Working Memory





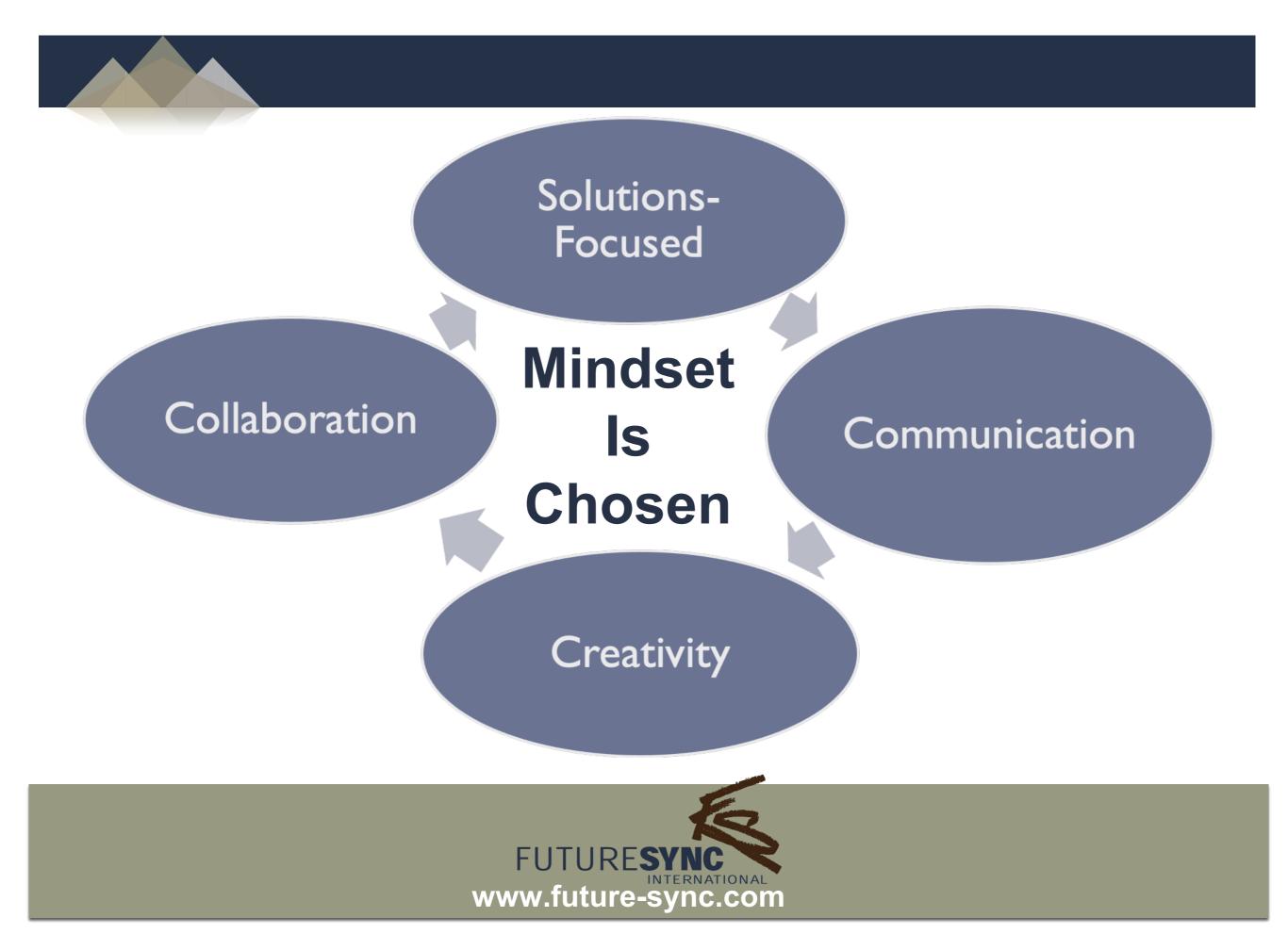
Caring For the Collaboration Mindset

The sum of all of us together, is greater than our parts

Building a culture of collaboration:

- 1. Own the "We Culture" of transactions.
- 2. Foster productivity and collaboration by matching individuals to tasks that give them energy.
- 3. Intentionally craft belonging to a group.







"The greatest discovery of my generation is that a human being can alter his life by altering his attitude of mind"

- William James

