VIRGINIA BANKERS ASSOCIATION

Engineering Success by Engineering a New Mindset

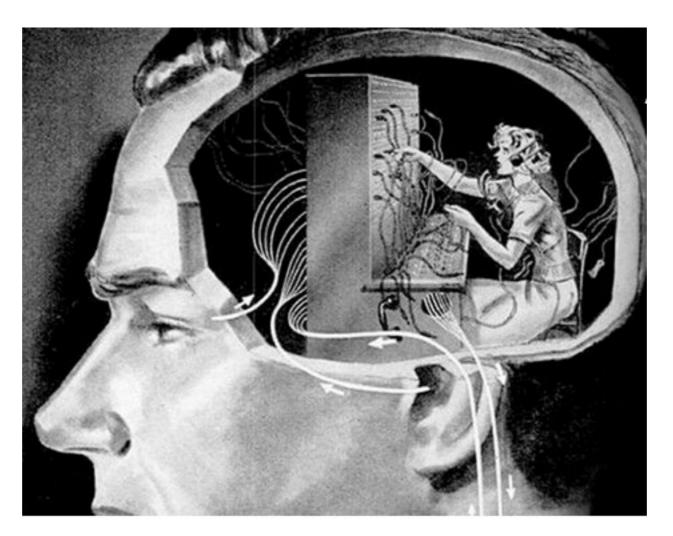
Presented by: Nikki Dixon-Foley, Master Coach & Facilitator

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State of Mind



A persons **EMOTIONAL** State





During Challenging Times

- 1. Your weird behaviors might show up.
- 2. You may become attracted to "locking on" to your way of thinking...and "locking out" important information.
- 3. Negative thinking can over-take your thinking.





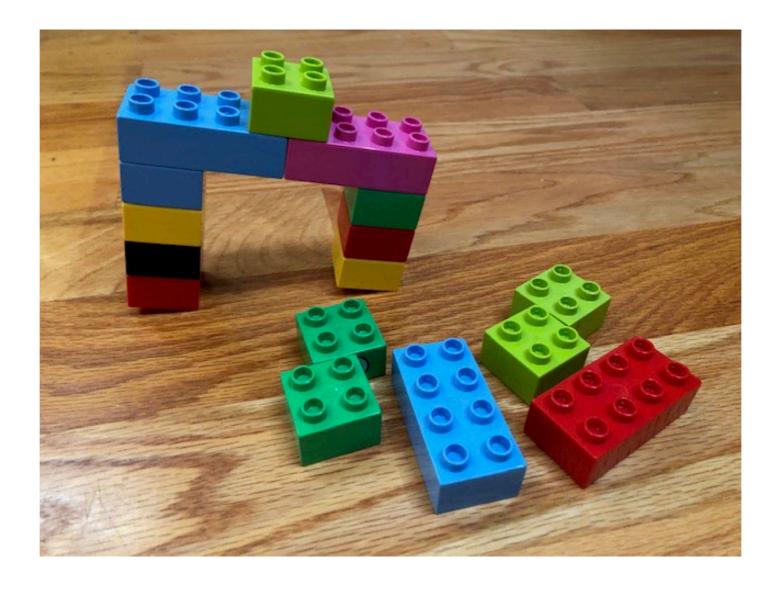
Solutions-Focused 4-Part Collaboration Paradigm Communication **Shift** Creativity

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How Do You Solve?



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Solution Focused Mindset

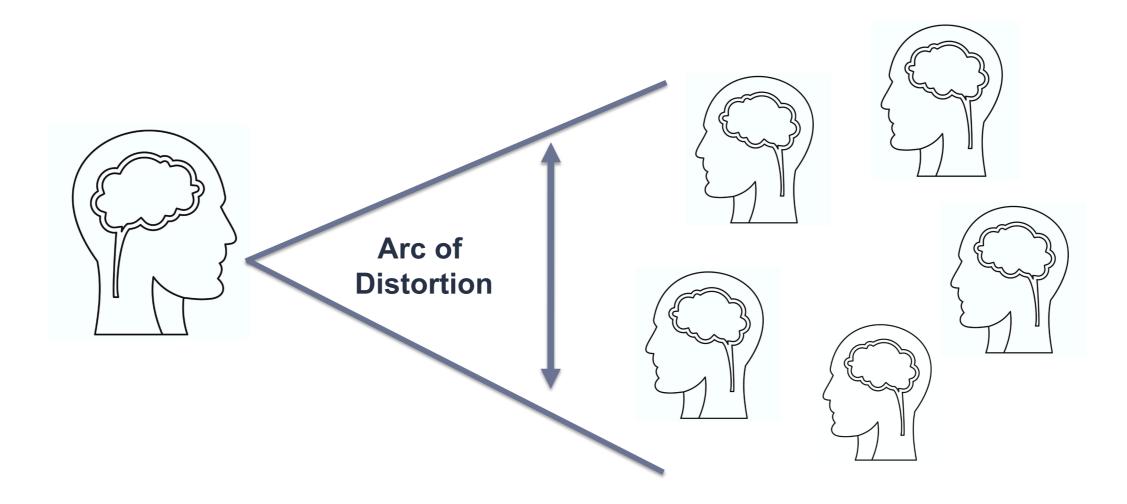
Elevating to focus on solutions not "why" or "how" to problem was created

- 1. Accurately assess the situation
- 2. Small parts solutions space.
- 3. Do I start, re-approach, or stop?
- 4. Fail forward...fast!





Human Communications







Communication Modifications

Can you communicate in a way that changes peoples minds?

Growing awareness of communication styles creates a pathway to better understanding

- 1. Build an understanding of individual communication needs.
- 2. Develop your WHY.
- 3. Seek clarity by asking "What don't I know?"
- 4. Enrich conversation by asking "What have you heard?"





Creating Creativity

A skill that must be honed

Divergent Thinking:

Ideas Out

Convergent Thinking: Facts and Answers In

Lateral Thinking: Balance of Both





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Creating The Creative Mindset

"Creativity is intelligence having fun" - Albert Einstein

Improving your quest for creativity:

- 1. Ask the questions "what if" and "how about?"
- 2. Get comfortable with chaos.
- 3. Walk away and let the serendipity do its work.





Collaboration

A deeply human capacity

Regulating Emotions

Pursuit of Common Goals



Intentional Planning

Working Memory



Caring For the Collaboration Mindset

The sum of all of us together, is greater than our parts

Building a culture of collaboration:

- 1. Own the "We Culture" of transactions.
- 2. Foster productivity and collaboration by matching individuals to tasks that give them energy.
- 3. Intentionally craft belonging to a group.





Solutions-**Focused Mindset** Collaboration Communication Is Chosen Creativity

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