

Venture Through Virginia

Part 2: Eastern Virginia

Individual
Walking
Challenge

Coming Soon
Oct 1– Oct 31



Your Challenge Journey

Enjoy the wonders of Virginia with the **Venture Through Virginia – Part 2: Eastern Virginia** challenge! This virtual walking challenge takes you on a scenic journey starting off at the **VBA home office** in Glen Allen and finishes off at the **Virginia Beach Boardwalk**.

Participants are **encouraged to walk 8,000 steps per day** throughout the challenge. If you are aiming to complete the entire route, walk a total of 276,000 steps throughout the 31-day challenge. Remember to set a goal that is manageable and motivating to you!

If you participated in Part 1 of this journey in April, see if you can step it up for Part 2 by increasing your total step count by the end of the challenge!



Sign Up for the Challenge

Save the date - Sign ups begin on September 17th!



Log into the Wellness Portal

1. Go to **www.wellworksforyoulogin.com** or click **Sign In** on the Wellworks For You Mobile App
2. Your username will be : **Work Email**
3. Your temporary password will be: **Date of Birth in MMDDYYYY format** including all leading zeros (no spaces, dashes, or other punctuation)
 - a. Example: 05051975
4. Click **Login** on the Web Portal or **Sign In** on the Mobile App
5. Accept the terms of the Consent Form
6. Fill in the required information

Download the Mobile App

Access your Wellness Program guide, submit forms, and track your progress — all in one place. Connect with our wellness team and stay on top of your goals, right from the app.

