

Venture Through Virginia

Part 2: Eastern Virginia

Individual
Walking
Challenge

CHALLENGE DURATION
Oct 1–Oct 31



Your Challenge Journey

Enjoy the wonders of Virginia with the **Venture Through Virginia – Part 2: Eastern Virginia** challenge! This virtual walking challenge takes you on a scenic journey starting off at the **VBA home office** in Glen Allen and finishes off at the **Virginia Beach Boardwalk**.

Participants are **encouraged to walk 8,000 steps per day** throughout the challenge. If you are aiming to complete the entire route, walk a total of 276,000 steps throughout the 31-day challenge. Remember to set a goal that is manageable and motivating to you!

If you participated in Part 1 of this journey in April, see if you can step it up for Part 2 by increasing your total step count by the end of the challenge!



Sign Up for the Challenge

Web Portal:

1. Log in to the Wellness Portal: www.wellworksforyoulogin.com
2. Click **Challenges** in the sidebar
3. Click **Join** under the **Venture Through Virginia - Part 2: Eastern Virginia** challenge
4. Select how you would like to appear on the leaderboard and click **Join**

Mobile App:

1. Click **Challenges** at the bottom of the screen
2. Under **Available Challenges** click the **Venture Through Virginia - Part 2: Eastern Virginia** challenge and click **Activate**
3. Select how you would like to appear on the leaderboard and click **Activate**

**Download the
Mobile App**



Track Your Steps

Connect Your Devices to Start Tracking

Click on the Device & App Sync Guide below for step-by-step instructions.

DEVICE & APP SYNC

[Guide PDF](#)

No Device? Manually Track Steps:

Web Portal:

Click **Track Steps** on the **Challenges** page of the Wellness Portal. Enter the number of steps or duration ran/walked and click **+ Add Steps** for each day.

Mobile App:

Click **Activity** in the bottom right corner. Select the date and click **Confirm**. Click **Add Steps** under the Track Steps square then click **Save**.

**Manually entering steps will override any existing steps for that day, even if they came from a device/app.*



Log in to the Wellness Portal

1. Go to www.wellworksforyoulogin.com or click **Sign In** on the Wellworks For You Mobile App
2. Your username will be : **Work Email**
3. Your temporary password will be: **Date of Birth in MMDDYYYY format** including all leading zeros (no spaces, dashes, or other punctuation)
a. Example: 05051975
4. Click **Login** on the Web Portal or **Sign In** on the Mobile App
5. Accept the terms of the Consent Form
6. Fill in the required information