

Problem viewing this email? View this email [in your browser](#).



APRIL 2026 ACTION ITEMS

WHAT DO I NEED TO DO? 🔍

- Promote the May 28th Mental Health Virtual Panel to employees.
- Register for upcoming HR Administrator Webinar Trainings.
- Be on the lookout for 2026 Non-Discrimination Testing Information.



MENTAL HEALTH VIRTUAL PANEL - MAY 28



The VBA Benefits Corp. is excited to partner with our consulting firm, Marsh & McLennan Agency (MMA), to host our first **Mental Health Virtual Panel for employees on May 28th from Noon to 1pm**. The panel will consist of several mental health clinicians and community leaders who can provide insight into mental health issues and resources. Employees may submit questions anonymously by May 13. Webinar registration is required and is open to employees and dependents.

Please share [this link](#) for employees to submit questions anonymously and register for the event. Contact [Pam Connelly](#) with any questions.

MENTAL HEALTH FIRST AID TRAINING & CERTIFICATION FOR MANAGERS - MAY 7



The VBA Benefits Corp is pleased to partner with Anthem to offer Mental Health First Aid virtual training on Tuesday, May 7, from 10:00 AM to 4:30 PM.

This program is limited to 20 participants, and the [Anthem Interest Form](#) must be completed to apply. Please contact [Pam Connelly](#) with any questions.

2026 Q2: MENTAL HEALTH MATTERS

The Well-Being theme for Q2 2026 is "Mental Health Matters."

- Review the [Q2 Administrator's Toolkit](#) for turnkey well-being initiatives.
- Share the [Q2 Employee Stall Talk](#) electronically or in print.
- Distribute the Mental Health Resource Guides:
 - [Mental Health Resource Guide - for Managers](#)
 - [Mental Health Resource Guide - for Employees](#)

Visit our [Well-being site](#) to view tools and resources.



UPCOMING WEBINARS FOR HR ADMINISTRATORS

We're excited to share four upcoming educational webinars!

[Registration](#) is free but required. Please review the webinars and click on each to register. Contact the [Benefits Team](#) with questions.



SECTION 125 NON-DISCRIMINATION TESTING

We are excited to collaborate with Marsh & McLennan Agency (MMA) again for our 2026 Non-Discrimination Testing of our Health & Welfare Plans. To support this process, MMA will host a complimentary webinar for all administrators on **Wednesday, May 6th at 11am**. Your data will be sent prior to the webinar.

[Registration](#) is free but required. Contact the [Benefits Team](#) with questions.

2026 DISABILITY & PAID FAMILY LEAVE GUIDE

Lincoln Financial has published a guide featuring the latest statutory disability and paid leave laws and side-by-side comparisons of state programs.

[Click here](#) to review the guide and use it for claims processing in your state(s).

BENEFIT BOOST

SUGGESTION BOX



We're excited to share our new Virtual Suggestion Box!

Whether you have a process improvement in mind, a new initiative to propose, or a simple thought you'd like us to consider, this tool makes it easy to share your perspective.

We encourage you to take a moment to explore the [Virtual Suggestion Box](#) and let us know what's on your mind.

LEARNYOUR BENEFITS (LYB)

As a reminder, LYB is updating sites to the new theme soon unless you requested otherwise. Once your site has been updated, LYB's Customer Success Manager - [Stew Johnson](#) - will notify you by email.

- Explore the [demo site](#) to preview the updates and improved layout LYB will be implementing.
- Watch the [2/25 webinar recording](#) for more information.

Contact the [Benefits Team](#) with questions.

HR: HEART OF THE WORKPLACE

WELCOME BABY WHEELER!

Lauren Willis (SAO, The Bank of Charlotte County) and her husband Sam welcomed their fourth child, Wheeler! Wheeler Russell Willis was born on February 19, 2026, weighing 8 lbs. and measuring 20 inches in length. Please join us in congratulating the Willis family.

CONGRATULATIONS TRACY!

After more than 23 years of dedicated service in Human Resources at Farmers and Miners Bank, Tracy Garrett has officially retired! As she begins this new chapter, Tracy is looking forward to spending more time with her family and enjoying the peace and joy of her garden. Please join us in celebrating Tracy and wishing her all the best in her well-deserved retirement!

SHARE YOUR NEWS IN THE NEXT FYB NEWSLETTER

Whether you're celebrating a new baby, a professional achievement, or a personal adventure, we want to celebrate with you!

Share your story in the next FYB Newsletter by submitting content [here](#).



ONBOARDING NEW EMPLOYEES - VBA MEMBERSHIP WEBINAR



As you welcome new team members, make sure they understand the full value of your Virginia Bankers Association membership.

On Monday, April 6, from 11:00–11:45 am EST, VBA will host a free Zoom webinar, "**Elevating Your Engagement with VBA**", designed for new hires and employees who may be unfamiliar with VBA resources.

Encourage new employees to attend so they can quickly engage with the tools, programs, and support available to them. The Webinar is free, but [registration](#) is required.

Contact [Chandler Owdom](#) if you have any questions.



Virginia Bankers Association Benefits Corporation
4490 Cox Road
Glen Allen, VA 23060
(800) 643-5599

[Privacy Policy](#) | [Manage Email Preferences](#)

