

About Katie West

Developer of Emotionally Smart Teams & Talent

Katie West is a 35+ year veteran of the banking industry beginning as a part time teller with First Tennessee Bank through her role most previous role as Chief Talent Officer with Metropolitan Bank. She has spent the majority of her career leading various strategic learning and organizational development initiatives to facilitate change in the respective business and its people.



She has always believed that organizations must utilize various techniques to reach associates and assist them in ways to develop their career paths that are both beneficial to the organization and to the associates. She also believes in developing younger colleagues with strategic leadership competencies in the very beginning of their careers and helping seasoned leaders to continue to refine their skills throughout their career. She knows personal growth and development begins with understanding one's own personality and knowing how to appropriately use it in interactions with others. This leads to exceptional career success.

Currently Katie works with businesses, non-profits, and individuals that want to develop strong competency for emotional and intelligence through the development of keen self-awareness and social awareness, along with self-management and relationship management. The Enneagram is her favorite tool to use with developing these essential life and leadership skills.

She graduated from the University of Mississippi with a BBA in Management She holds a professional degree from the Consumer Bankers Association's Graduate School of Retail Bank Management. She is a certified Enneagram coach. Katie currently enjoys spending time volunteering with Memphis Gridiron Ministries, Second Presbyterian Church and serving on the Board of Nexus Leaders.