

ABCs of Life

With the **A** – **Accept** Yourself

Use the **B** - to **Believe** in yourself and in your dreams

With the **C** - **Combine** your words with actions

And **D** – **Dedicate** time to fulfilling your dreams

Use the **E** – to **Expect** some hard times along the way

And with the **F** – have **Faith** in yourself and know that you will not fail
(you're collecting samples along the way)

Take the **G** – to do **Good** things for yourself and for others

Use the **H** – to **Hang** in there and **Hold** on better days are coming

With the **I** – **Inspire** others with the life you live

Use the **J** – to **Just DO It**

With the **K** – **Keep on Keeping** on

And take the **L** – to **Let** your light shine

With the **M** – **Make** every day count

With the **N** – use it to **Never say Never**

And with the **O** – **Overcome** your **Obstacles** and turn them into **Opportunities**

Take the **P** – to **Put** your best foot forward

And with the **Q** – don't **Quit**; because **Quitters** never win, and winners never **Quit**

Use the **R** – to Run the Race with patience

With the **S** – **Stand** for something; because if you don't stand for something you may fall for anything

With the **T** – **Take Time** for yourself

Use the **U** – to **Utilize** your talents and don't take them for granted

With the **V** – **Visualize** what you want in life

Use the **W** – to do the **Work** to fulfill your dreams

Take the **X** – to **X-Ray** your own life, not the lives of others

With the **Y** – **Yearn** to achieve your goals

And take the **Z** – to **Zealously** strive to be your best self

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