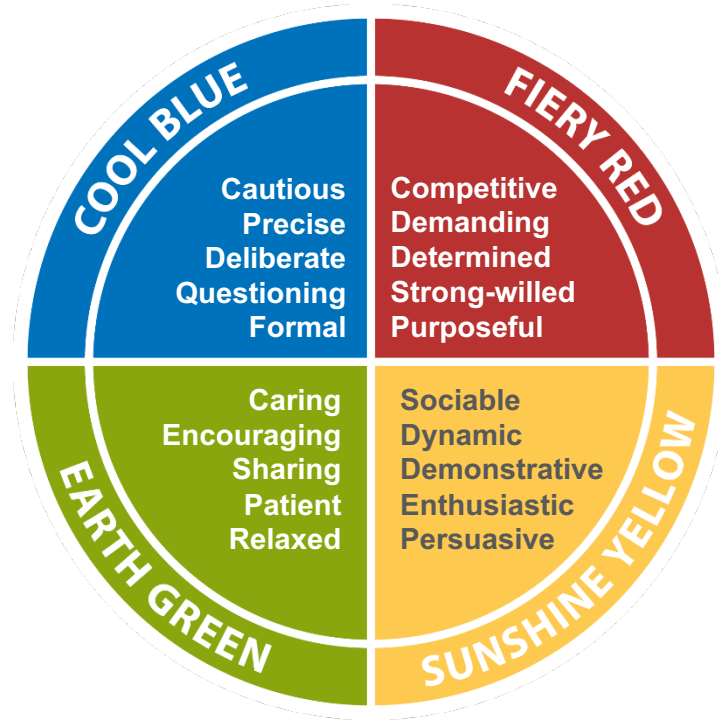
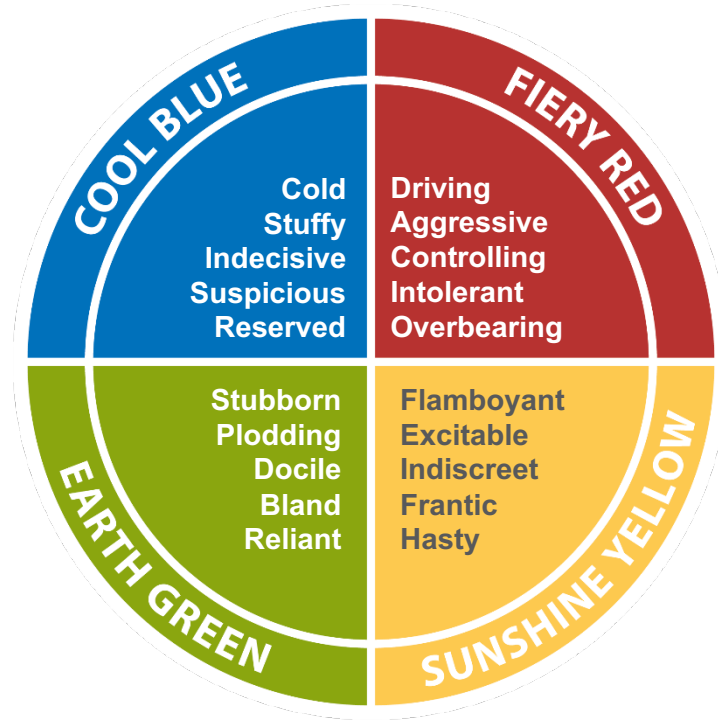


Insights Discovery Colour Energies



Insights Discovery Colour Energies



**When we are
using our
Fiery Red
energy, we...**

Are active and
move in a
positive and
firm direction

Have a strong
determination
that influences
those we
interact with

Are single-minded
and determined
in our focus
on results

Approach others
in a direct and
straightforward
manner

Seek an outcome
that is specific
and tangible

**When we are
using our
Earth Green
energy, we ...**

View the world
through what we
value and what
is important to us

Seek harmony
and depth in
relationships

Defend what we
value with quiet
determination
and persistence

Prefer democratic
approaches that
respect the
individual

Ensure all individual
perspectives are
heard and considered
in making choices or
decisions

**When we are
using our
Sunshine Yellow
energy, we...**

Radiate
enthusiasm
and encourage
participation

Enjoy and seek
the company
of others

Approach others
in a persuasive,
engaging and
inviting manner

Have a desire
to be involved

Like to be noticed
and appreciated for
their contributions

When we are
using our
Cool Blue
energy, we ...

Desire to know
and understand
the world
around us

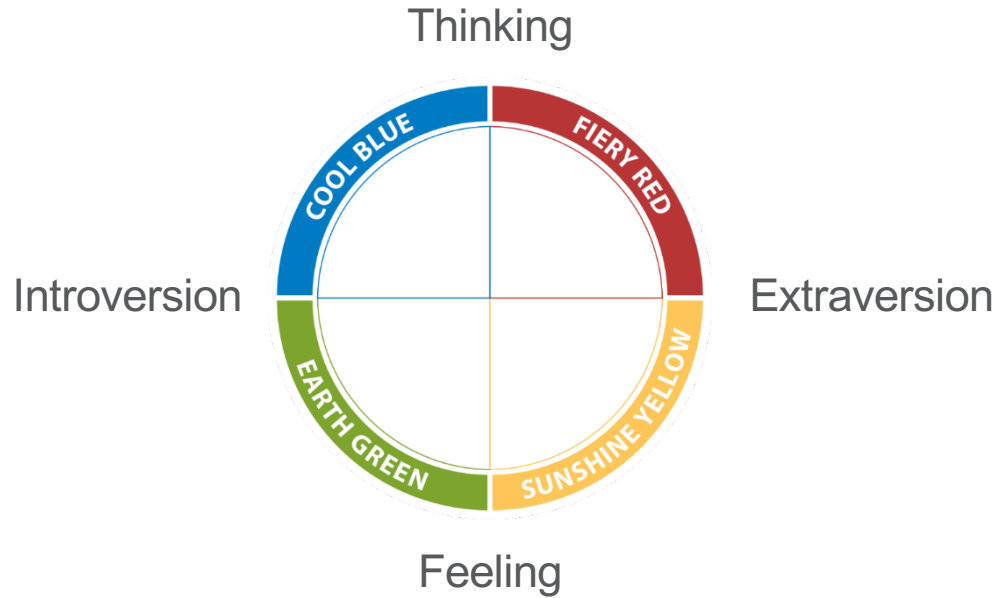
Maintain a
detached and
objective
standpoint

Value
independence
and intellect

Think things
through before
committing to
action

Like information to
be accurate and
complete before
proceeding

Jungian Preferences and the Colour Energies



Jungian Preferences and the Colour Energies

