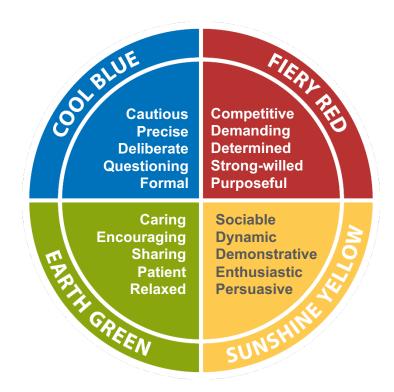
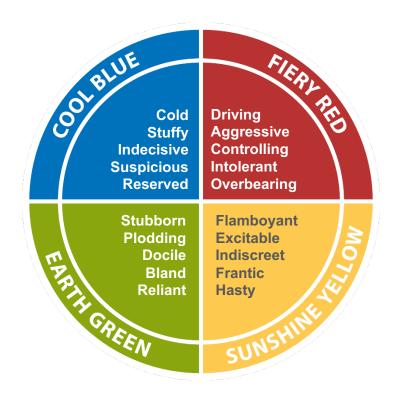
Insights Discovery Colour Energies



Insights Discovery Colour Energies



Have a strong determination that influences those we interact with

Approach others

Are single-minded and determined in our focus on results

Seek an outcome

Are active and

move in a

positive and firm direction

that is specific

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and tangible

When we are

energy, we...

in a direct and

straightforward

manner

using our

Fiery Red

	using our Earth Green energy, we		through what we value and what is important to us
Seek harmony and depth in relationships		Defend what we value with quiet determination and persistence	
	Prefer democratic approaches that		Ensure all individual perspectives are

View the world

Prefer democratic approaches that respect the individual

Individual

Ensure all individual perspectives are heard and considered in making choices or decisions

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When we are

	Sunshine Yellow energy, we		and encourage participation
Enjoy and seek the company of others		Approach others in a persuasive, engaging and inviting manner	

When we are

Have a desire

to be involved

using our

Like to be noticed and appreciated for their contributions

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Radiate

enthusiasm

	energy, we		around us
Maintain a detached and objective standpoint		Value independence and intellect	
	Think things		Like information to

When we are

through before

committing to

action

using our

Desire to know

and understand

be accurate and

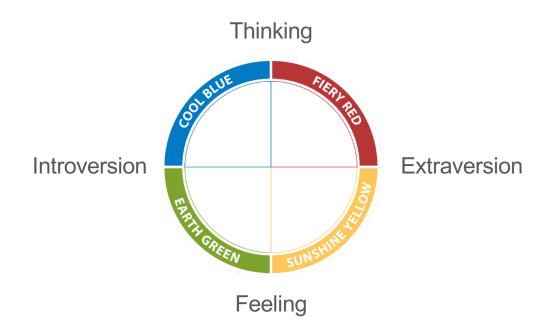
complete before

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proceeding

the world

Jungian Preferences and the Colour Energies



Jungian Preferences and the Colour Energies



The combination of the **Introverted** and **Thinking** preferences:

Task-focused

Calm under pressure

Thoughtful

Objective

Earth Green

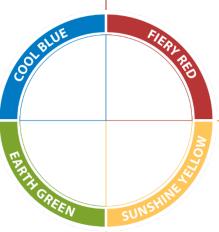
The combination of the **Introverted** and **Feeling** preferences:

Depth in relationships

Reflection

Harmony

Consensus



Fiery Red

The combination of the **Extraverted** and **Thinking** preferences:

Enjoying high activity
Working with others
Being logical
Focusing on the facts

Sunshine Yellow

The combination of the **Extraverted** and **Feeling** preferences:

Sociability
Consideration for others
Being action-orientated
Entertaining