

BANK SCHOOL BREAKFAST & LUNCH MENU

BREAKFAST

LUNCH

MON

Greek Yogurt & Granola
Mixed Berry Parfait
Fresh Cut Melon & Grapes
Seasonal Fruit Salad
Assorted Dried Fruit
Sugared Raspberry Turnovers
Local Bobo's Bagels

Sandwich Bar
Santa Fe Wrap, Flank Steak, Pico de Gallo, Black Beans, Corn, Chipotle Mayo, Shredded Lettuce
Sliced Turkey, Cucumber, Baby Greens, Tomato, Pepperoncini, Feta, Dijonnaise, Italian Soft Roll
Mediterranean Vegetable Wrap, Hummus, Grilled Eggplant, Zucchini, Portobello
Marinated Grilled Eggplant, Prosciutto, Roasted Peppers, Fontina, Basil, Ciabatta

TUES

Warm One-Bite Buttermilk Biscuits: VA Smoked Ham, Apple Butter, White Cheddar
Green Apple, Maple Mustard, Brie
Maple Pecan Brittle
Chilled 'Apple Pie' Parfait
Sweet Corn Muffins, Whipped Sorghum Butter
Peach and Rosemary Nectar

Grain Bowls & Salads
Caprese: Baby Greens, Lettuce, Tomato, Avocado, Fresh Mozzarella, Basil, Balsamic Reduction
Burrito Bowl: Spanish Rice, Guacamole, Pepper Jack Cheese, Pico de Gallo, Pickled Jalapeno, Cilantro, Lime, Sour Cream, Avocado Crema
Cobb Grain Bowl: Farro, Roasted Corn, Coconut 'Bacon,' Spinach, Avocado, Blue Cheese, Egg, Tomato, Avocado Dressing
Southwest Caesar: Romaine, Black Bean and Corn Salsa, Shaved Parmesan, Homemade Corn Tortilla Strips, Caesar Dressing
Proteins Available: Chimichurri Grilled Flank Steak & Lemon Pepper Chicken

WED

Greek Yogurt & Granola
Mixed Berry Parfait
Fresh Cut Melon & Grapes
Seasonal Fruit Salad
Assorted Dried Fruit
Sugared Raspberry Turnovers
Local Bobo's Bagels

Sandwich Bar
Buffalo Chicken Wrap
Sopressatta, Spicy Coppa, Genoa Salami, Roasted Tri-Colored Peppers, Provolone, Italian Soft Roll
Mediterranean Vegetable Wrap, Hummus, Grilled Eggplant, Zucchini, Portobello
Sliced Turkey, Cucumber, Baby Greens, Tomato, Tepperoncini, Feta, Italian Soft Roll

THURS

Commonwealth Country Breakfast

Grain Bowls & Salads
Quinoa Fiesta: Spinach, Roasted Corn, Three Bean Salad, Chopped Cilantro, Roasted Red Pepper
Burrito Bowl: Spanish Rice, Guacamole, Pepper Jack Cheese, Pico de Gallo, Pickled Jalapeno, Cilantro, Lime, Sour Cream
Cobb Grain Bowl: Farro, Roasted Corn, Coconut 'Bacon,' Spinach, Avocado, Blue Cheese, Egg, Tomato
Spinach, Goat's Cheese, Edamame, Strawberry, Sunflower Seeds
Proteins Available: Chimichurri Grilled Flank Stead, Lemon Pepper Chicken, Lemon Pepper Shrimp

Friday Breakfast: Individual Yogurts; Sausage, Egg, Cheese, Bodo's Bagel; Egg White, Tomato, Pepper Jack, Bodo's Bagel; Bacon, Egg, Cheese, Burrito