



Benefits Corporation





- Review the January 2025 bswift invoice.
- Register for the Wellbeing Summit 2.0.
- Review IP Address Whitelist Sheets on Wellbeing Resource Site.
- Add the Wellbeing Resource Site to your browser's "Favorites" listing.



WELLNESS SPOTLIGHT

REGISTER TODAY FOR WELLBEING SUMMIT 2.0



Please join us on February 12th at the VBA office in Richmond for the second annual Wellbeing Summit. This event will build on information presented in 2024 on creating a multi-year wellbeing strategy; designing an incentive plan to motivate participation among employees; new trends in the area of wellbeing; and a deep dive into the new *Wellworks For You* platform. There is no charge for the event; however, we request you register by February 6, 2025.

Please contact Pam Connelly with any questions.

WELLBEING UPDATE - VENDORS ARE STARTING TO SEND MARKETING COMMUNICATIONS TO MEMBERS

Now that the new year is here, our current and new wellbeing vendors are starting to reach out to members to market their programs. Please see updates below and be sure to check out the <u>Wellbeing</u> Resource Site for additional details. If you have additional questions, please email the <u>VBA Benefits Team</u>.

HELLO HEART

Hello Heart will be offered to all eligible medical members meeting the program criteria as of January 1, 2025. Hello Heart will start sending email communications the week of January 13th to members and will begin printing communications to be mailed to member homes in late January. Eligibility criteria as well as marketing materials are available on the Wellbeing Resource Site under Hello Heart if you would like more details. We encourage you to make sure the domain is whitelisted; details are on the Wellbeing Resource Site.



TELADOC DIABETES MANAGEMENT

Teladoc will start their targeted outreach to members in mid to late January. Teladoc is the NEW Diabetes Management Program which launched January 1st for members identified as being diabetic. The program provides a blood glucose meter, unlimited testing strips, coaching and much more. Members can also call the Anthem 800 # on the back of their ID card to get more details. No action on your part is required at this time.

NOOM

Noom sent welcome emails to VBA members on January 2nd. If employees or their spouses would like to participate, they should click on the link that was included in their email, or you may provide them with this <u>flyer</u>. There is no cost to employees or spouses enrolled in the medical plan. There is a webinar for interested individuals scheduled for **next Tuesday**, **January 14** at 1 pm. It will be recorded and posted to the Wellbeing Resource Site. The registration flyer can be found <u>here</u>.

We encourage you to make sure the domain is whitelisted; details are on the Wellbeing Resource Site.

WELLWORKS FOR YOU

Wellworks for You is working to get individual employer sites set up for their customized wellness platform. If you missed the December 16th deadline but are still interested in a customized site, please complete the Intake Form on the VBA Wellbeing Resource Site and submit it ASAP.

NATIONAL WEAR RED DAY



The official National Wear Red Day is February 7, 2025.

Nearly 45% of women ages 20+ are living with some form of cardiovascular disease.

Less than half of women entering pregnancy in the U.S. have optimal cardiovascular health.

Women experience unique life stages, such as pregnancy and menopause, that can put them at increased risk for CVD.

For more details visit American Heart Association.

Help us support CVD research and education efforts by the American Heart Association by wearing red and tagging @vbabenefits on Instagram and @VBABenefitsCorporation on Facebook. **#vbagored2025**

VENDOR PARTNER NEWS



POST 2025 OPEN ENROLLMENT REMINDER

As we continue auditing the data from 2025 Open Enrollment, please thoroughly review your January bswift invoice and promptly report any discrepancies to the <u>VBA Benefits Team</u>.

Please note that adjusted premiums will not be refunded retroactively more than two months, so your prompt review and report of discrepancies is greatly appreciated!

Also, for those of you who have participants in the Supplemental Life plans, you may see duplicate lines of coverage for each participant when you review your bill. This was an error that occurred when the January bills were generated in bswift but the duplicate lines don't affect the total amount due. We are working with bswift to ensure this doesn't occur again in the future but for now please disregard the duplicates when reviewing your bill.

NORTON LIFELOCK

We have received quite a few questions regarding emails that participants may, or may not, have received from Norton LifeLock earlier this week. Below is some important information to help you and your employees navigate this new program:

- Click <u>here</u> for a document that includes all of the Norton email addresses that may be sent to
 employees. This list can be shared with employees to check against when receiving emails from
 Norton.
- Participants can go directly to www.Norton.com/EBsetup to set up their accounts if they don't want to do so via a Norton email. Please note that their benefit is live from Day 1, even if they choose not to set up a Norton account. Setting up a Norton account gives them a way to update their communication preferences, review and respond to alerts, set up their Norton features, and lots more, but it is not strictly required. They will still have an active membership that is monitoring and sending alerts. Click here for an Onboarding and FAQ Guide that can be shared with participants.
- If a participant has a question about an email they receive from Norton, such as a Dark Web Monitoring notification, they don't have to use any of the links in their email they can go straight to their Norton account after they've set it up, go to their ID Theft Protection tile, and view their alerts there. There's also an inbox where they can view any important messages.

Please contact the **Benefits Team** with questions.

COMPLIANCE CORNER

ACA 2024 REPORTING & FORMS

The deadline to furnish the 2024 ACA forms to employees is Monday, March 3, 2025. We will be sending out more detailed information on the ACA forms and specific deadlines soon.

NOW AVAILABLE!

<u>Annual Disclosure Requirements Grid:</u> Outlines compliance notices and the responsible entity for distribution and acceptable delivery method.

<u>Children's Health Insurance Program (CHIP) Notice</u> Provides information on premium assistance subsidy under Medicaid or CHIP.

Questions? Email VBA Benefits Team.

IN OTHER NEWS...

Coming Soon: 2025 Bank Director Compensation & Governance Practices Survey

Pearl Meyer

Launching January 13!

2025 Bank Director
Compensation &
Governance Practices
Survey

VIRGINIA BANKERS ASSOCIATION In partnership with Pearl Meyer, the VBA will be launching the 2025 Bank Director Compensation & Governance Practices Survey this Monday, January 13. We hope your bank will plan to participate in this biennial survey that provides the most relevant information available on board of directors' compensation and governance practices. Find out how the current social climate and increased regulatory pressures have impacted bank board of directors' compensation and governance practices.

Specific topics to be covered include:

- Compensation (Including Board Retainers and Meeting Fees)
- Committee Compensation (Including Chair Premiums)
- Board and Committee Composition and Structure
- Equity Practices
- Benefits Practices
- Governance Practices
- Other Operational Practices (including Board Evaluation, Education, Strategic Planning, and Succession Planning)

Your Next Steps: Keep an eye out for this survey to hit your Inbox this Monday, January 13. For questions or more information, please contact <u>Rhonda Snyder</u> with Pearl Meyer or <u>Amy Binns</u> at the VBA.

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