

2016 VBA BENEFITS PROVIDER CONTACT LIST

Benefit	Provider	Telephone Number	Website/Address
Medical	Anthem PPO (Key Care)	Member Services: 1-800-451-1527	www.anthem.com
	Anthem HMO Healthkeepers 25 Open Access	Members Services: 1-800-421-1880	
	HSA/HDHP, HRA (LUMENOS)	Member Services: 1-800-582-6941	
Dental	Delta Dental	Member Services: 1-800-237-6060	www.deltadentalva.com
Prescription Drugs (Mail Order)	Express Scripts	Customer Service: 1-800-451-6245	www.anthem.com Mail Order Pharmacy: Mail Prescription with order form to: Express Scripts P.O. 66785 St. Louis, MO 63166-6785 Attention: Claims Department
Vision	SPECTERA	Customer Service: 1-800-638-3120	www.myuhcvision.com
Disability	MetLife	Fax: 1-800-230-9531	Metropolitan Life Insurance Company P.O. Box 14590 Lexington, KY 40511
Telemedicine	LiveHealth Online		www.livehealthonline.com
Flexible Spending Account	LB&D	Customer Service: Anngela Gibson – Account Benefits Administrator agibson@adbbenefitsadmin.com	www.LDBbenefitsadmin.com Submit Claims forms by fax: 1-866-292-8331 or mail to: LD&B 205-C South Liberty St. Harrisonburg, VA 22801
COBRA	Flexible Benefits Administrators, Inc.	Customer Service: 1-800-437-3539 1-757-340-4567	
401(k) Plan	Alerus – Participant Accounts	1-800-433-1685 for automated telephone response to access 401(k) account and Customer Service	www.alerusrb.com
	VBA Benefits – Plan Design and Administration	1-800-643-5599 804-643-8060	
Pension Plan	VBA Benefits Corporation	1-800-643-5599 804-743-8060	

FOR ANY QUESTIONS REGARDING YOUR BENEFITS OR FOR ADDITIONAL INFORMATION PLEASE CALL VBA Benefits Corporation at 1-800-643-5599 or locally 804-643-8060