

## 2020 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### **ASTHMA/COPD**

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ACCOLATE (zafirlukast)  
 ADVAIR DISKUS (wixela inhub, fluticasone/salmeterol)  
 ADVAIR HFA  
 AEROSPAN  
 AIRDUO RESPICLICK  
 albuterol  
 ANORO ELLIPTA  
 ARMONAIR RESPLICLICK  
 ARCAPTA NEOHALER  
 ARNUITY ELLIPTA  
 ASMANEX HFA  
 ASMANEX TWISTHALER  
 ATROVENT HFA  
 BEVESPI AEROSPHERE  
 BREO ELLIPTA  
 BROVANA  
 budesonide  
 COMBIVENT RESPIMAT  
 cromolyn oral inhalation  
 DALIRESP  
 DULERA  
 FASENRA  
 FLOVENT DISKUS  
 FLOVENT HFA  
 FLUTICASONE/SALMETROL  
 INCRUSE ELLIPTA

### **ASTHMA/COPD (continued)**

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Inhaler and nebulizer assistive devices  
 ipratropium/albuterol oral inhalation  
 ipratropium oral inhalation  
 levabuterol  
 LONHALA MAGNAIR  
 metaproterenol  
 montelukast  
 NUCALA  
 Peak flow meters  
 PERFOROMIST  
 PROAIR HFA  
 PROAIR RESPICLICK  
 PULMICORT FLEXHALER  
 QVAR REDHALER  
 SEEBRI NEOHALER  
 SEREVENT DISKUS  
 Spirometers  
 SYMBICORT  
 terbutaline  
 THEO-24 (theophylline)  
 TRELLEGY ELLIPTA  
 UTIBRON NEOHALER  
 VENTOLIN HFA  
 XOLAIR  
 YUPELRI  
 zileuton ER

### **BONE DISEASE AND FRACTURES**

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ACTONEL (risedronate)  
 ATELVIA (risedronate)  
 BONIVA (ibandronate)  
 DUAVEE  
 EVISTA (raloxifene)  
 FOSAMAX (alendronate)  
 FOSAMAX D  
 BINOSTO  
 RECLAST (zoledronic acid)

### **CAVITIES**

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CLINPRO  
 GEL-KAM  
 PHOS-FLUR  
 PREVIDENT  
 sodium fluoride rinse, gel, cream, paste, tabs and drops  
 stannous fluoride rinse and gel

### **COLONOSCOPY PREPARATION\***

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CLENPIQ  
 COLYTE (polyethylene glycol)  
 GOLYTELY (polyethylene glycol)  
 NULYTELY (polyethylene glycol)  
 MOVIPREP  
 OSMOPREP  
 PLENVU  
 PREPOPIK  
 SUPREP

# 2020 CDH Preventive Medications - Standard Plus

## DIABETES

### INSULINS

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA  
XULTOPHY

### NON-INSULINS

ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
ACTOPLUS MET XR  
ALOGLIPTIN/PIOGLITAZONE  
AMARYL (glimepiride)  
AVANDIA  
AVANDAMET  
BYETTA  
BYDUREON  
chlorpropamide  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
FORTAMET (metformin)  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
GLUCOVANCE (glyburide/  
metformin)  
GLYNASE (glyburide)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA JANUVIA

## NON-INSULINS (continued)

JANUMET  
JANUMET XR  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
Lancets  
metformin  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters)  
Needles  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
QTERN  
repaglinide/metformin  
RIOMET solution  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY SYNJARDY  
XR  
Syringes  
Test strips  
tolbutamide  
tolazamide  
TRADJENTA  
TRULICITY  
XIGDUO XR

## DEPRESSION

CELEXA (citalopram)  
fluvoxamine  
LEXAPRO (escitalopram)  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
PEXEVA  
PROZAC (fluoxetine)  
PROZAC WEEKLY (fluoxetine)  
SARAFEM (fluoxetine)  
ZOLOFT (sertraline)

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
AGGRENOX  
(aspirin/dipyridamole ER)  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
ticlopidine  
XARELTO  
ZONTIVITY

## CHOLESTEROL LOWERING

### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
FLOLIPID suspension  
LESCOL (fluvastatin)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

### OTHER CHOLESTEROL LOWERING AGENTS

ANTARA  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN (fenofibrate)  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
PRALUENT  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
TRIGLIDE  
TRILIPIX (fenofibric acid)  
VASCEPA  
WELCHOL (colesevelam)

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## HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

### ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

## BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
INDERAL XL  
INNOPRAN XL  
LOPRESSOR  
(metoprolol tartrate)  
pindolol  
propranolol  
TENORMIN (atenolol)  
timolol  
TOPROL XL  
(metoprolol succinate)

### BETA BLOCKER/DIURETIC COMBINATIONS

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

## CALCIUM CHANNEL BLOCKERS

ADALAT CC (nifedipine ER)  
amlodipine  
CALAN (verapamil)  
CARDIZEM LA (diltiazem ER)  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
VERELAN (verapamil)  
TIAZAC ER (diltiazem ER)

## DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

## OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWINSTA (amlodipine/telmisartan)

## MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/  
proguanil)  
PRIMAQUINE

## MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg

## MISC ANTIVIRALS

PREVYMIS  
SYNAGIS  
TRUVADA 200mg/300mg

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
BELVIQ  
BELVIQ XR  
diethylpropion  
LOMAIRA  
phendimetrazine  
SAXENDA  
XENICAL

# 2020 CDH Preventive Medications - Standard Plus

## **SMOKING-CESSATION\***

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CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
ZYBAN (bupropion SR 150mg)

## **VACCINATION\***

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Anthrax, BCG, Cholera,  
Diphtheria, Haemophilus  
Influenza B, Hepatitis A and B,  
Human Papillomavirus, Influenza,  
Japanese Encephalitis, Measles,  
Meningococcal, Mumps, Pertussis,  
Pneumococcal, Poliovirus, Rabies,  
Rotavirus, Rubella, Shingles,  
Tetanus, Typhoid, Varicella, Yellow  
Fever, Zoster

## **VITAMINS OR MINERALS**

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Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](http://express-scripts.com).**

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